

Garden to Abundance Game Plan

IGNITION

- Soil testing
 - Our "go-to" soil test
 - The "V" soil sample method
 - Analyzing your soil test results
 - Ordering soil amendments
- Understanding soil structure and fertility
 - 3100 years in a bucket of soil
 - Microbes, bacteria, fungi and friends
 - Chocolate cake? The #1 thing that improves EVERY soil
- Planning your garden
 - Choosing what to grow
 - Picking your varieties
 - Mapping your garden and the south side rule
 - The rotation cycle for success
- Creating your planting schedule
 - The plan that gives you peace of mind
 - How to know when to plant every crop based on your location
 - Stress relief! No more "flying by the seat of your pants"
- Ordering seeds
 - GMO, Hybrid, Heirloom, Open pollinated? Yikes! Know what you're getting and where to get it
 - Our top 5 Seed Companies
 - Johnny's Selected Seeds
 - High Mowing Organic Seeds
 - Bakers Creek Heirloom Seeds
 - Southern Exposure Seeds
 - Territorial Seeds
 - The Safe Seed Pledge
- Garden tools
 - The broadfork (secret sauce to easy bed prep)
 - Bed rake (lightest rake you'll ever find)
 - Collinear hoe (easy as sweeping your room)
 - Stirrup hoe (yup, just like on a saddle... but for the garden :))
 - Three prong cultivator (getting the goodies inside)
 - Spading fork (for that tough ground)
 - Right-angle trowel (for uber fast transplanting)

LAUNCH

- Preparing your garden beds without breaking your back
 - Getting the green stuff out
 - Fluffing your ground
 - Adding the "goodies" in
 - Smoothing it all out
- Seeding and transplanting
 - What to direct seed vs. transplant
 - Starting starts that thrive
 - The ultimate soil block recipe
 - "Hardening off" (getting the little guys ready for the big world)
 - Successful transplanting
- Soil health maintenance
 - The secret to a thriving garden
 - How to keep everything fed
- Successful composting
 - 1:3 Principle
 - B+G Sandwich Composting
 - Moisture, air, heat

GROW

- Watering
 - Drip it... #1 way to save water and grow less weeds
 - Another #1 way to save water :)
 - Overhead watering
 - Flood watering
- Weeding
 - Cultivate - don't weed!
 - Skimming the surface
 - The white thread stage secret
 - Silage tarp: weed it while you sleep
 - How the "Stale Seedbed" method gives a HUGE head start
 - Mulch it
- Trellising
 - The stake and weave method
 - The "tie-up" method
 - The cage method
 - The pole method
- Natural pest control
 - 3-step aphid cure formula
 - The no-fail worm/caterpillar treatment plan
 - Organic slug pellet solution (feeds the soil too!)
 - Sow bug cup control
 - Diatom dusting insect control
 - Deer-busting! Mesh fence solution
 - Feed em up fat!
 - Physical controls
- Natural disease control
 - Prevention is better than cure
 - Getting the good guys to fight off the bad guys
 - Our fungal mix treatment plan
 - The milk secret
 - Boost em up with some compost tea
 - The solarization technique (use with caution)
- Harvesting
 - Get the most "nutrient bang" for your buck
 - When to harvest different veggies
 - Flavor MAX trick for an extra tasty harvest
- Storing your veggies
 - What fruits and veggies NOT to store together
 - How to harvest and store storage crops
 - Potatoes
 - Sweet potatoes
 - Winter squash
 - Garlic
 - Onions

EXTEND

- Timing for winter growing
 - Make it or break it - the #1 place most people fail (and how not to)
 - Simple tool tells when to plant for the fall
 - Tip: get ready early!
- Protecting your veggies
 - Wind or warmth? It might surprise you...
 - The simple hedge trick
 - Our #1 winter protection cover
 - The quickhoop setup (best bang for your buck!)
 - Cold frames
 - Taking it to the next level with a caterpillar tunnel
 - Hoophouse or greenhouse? Knowing the difference
- Growing in the winter
 - Growing in a hoophouse or greenhouse
 - Winter growing tips and tricks