



Winter Class Resource List

HERE ARE THE RESOURCES FROM THE CLASS:

1. Cold Tolerant Veggies List

1. [Download the document here](#)

Low Cold Tolerance	Medium Cold Tolerance	High Cold Tolerance
Lettuce Chicory (radicchio, endive, escarole) Broccoli Cauliflower Cilantro Parsley Radishes Celery Bok Choi	Chinese Cabbage Sorrel Rutabaga Kohlrabi Collards Kale Maché Spinach Beets Carrots Parsnips Dandelion Greens Baby Greens	Turnips (hakurei - low) Brussels Sprouts Cabbage

2. It's All About Timing (The #1 Critical Factor)

1. [Calculate your first and last frost dates](#) (You'll need your average first frost date to use the fall planting calculator listed below)
2. [Fall Planting Calculator](#) (Johnny's Selected Seeds) I didn't mention this in the class but it is a great planting calculator to help you know when to plant your veggies for a fall harvest!

3. BONUS: Building Your Own Quick Hoops

1. [Rebar Stakes](#) (Lowe's)
2. [10 ft. Electrical Conduit Pipe](#) (Lowe's)
3. [Row covers and accessories](#) (Johnny's Selected Seeds)
4. [Row covers, supports, and plastic](#) (Seven Springs Farm)
5. Or use Johnny's bender and make your quick hoop out of metal conduit like instructed here: [see Johnny's instruction manual for creating quick hoops](#)

CORRECTION: I mentioned in the class that using the bender may be expensive ([you can purchase one here](#)), but honestly they really aren't that expensive. In the end it really depends on how many quick hoops you want to make. If you are doing a large quantity you could actually save money in the long run by using the bender and metal pipes.

4. Want to learn more about winter gardening?

1. Elliot Coleman's gardening books:

[The Four Season Harvest](#)

[The New Organic Grower](#)

[The Winter Harvest Handbook](#)

2. Join Our [Born to Grow Pro Membership!](#)