

Bountiful Blessings Farm Vegetable Varieties List

Listed below are varieties that we have grown on our farm. If a variety is not on the list, most likely we haven't tried it. Although there are some that were left off the list because we tried them and weren't particularly impressed with them. If you are using this list to help you select your varieties, keep in mind your location compared to ours (in the Southeast).

D - direct seed into your garden. I - seed indoors (into soil blocks, pots, trays or flats)
Seed Spacing Numbers = # of rows per 30" bed/spacing between rows/spacing between plants
e.g. 2/14/4
Expected harvest quantities are per 100 ft of bed.

Dried Beans. D. 2 rows, 14 inches apart, every 4 inches.
Pinkeye Purple Hull, Iron & Clay

Green Beans. D. 2 rows, 14 inches apart, every 4 inches. 60 lb/week, 2 week Harvest
Every two weeks for a continuous harvest.
Snap - Jade, Strike
Pole - Kentucky Wonder

Beets. I. 3/10/6 allowing 2-3 starts/block. 160 bunches (3-5 beets/bunch)
Up to 6 seedings, three weeks apart, spring and late summer
Red - Merlin, Ace
Yellow - Touchstone Gold
Chioggia - Guardsmark

Broccoli. I. 2/14/18. 120 heads.
Spring and fall. One or two seedings each season.
OP - De Cicco, Waltham
H - Belstar, Batavia, Fiesta

Cabbage. I. 2/14/18. 120 heads.
Spring and fall. One or two seedings each season.
Fresh. Famosa, Farao, Red Express (op), (Golden Acre (op))
Storage. Impala, Deadon (red)

Carrots. D. 5-6 rows, 1.25" between plants. 180 bunches, 8-12 carrots/bunch.
Seed every 2 wk spring and fall.
Yaya, Napoli, Bolero,
White Satin, Yellowstone, Purple 68

Cauliflower. I. 2/14/18. 120 heads.
Spring and fall. One or two seedings each season.
Skywalker, Veronica (Romansch)

Chard. I. 3/10/12. 150 bunches/week. Assume 1 bunch per 2 plants, every 2 weeks.
2 seedings (early spring and mid to late summer if your summers are hot. If the are cool, you could add a late spring seeding for a summer crop).
Rainbow, Fordhook Giant

Collard. I. 2/14/18. Assume 1 bunch per 2 plants, every 2 weeks.
2 seedings (early spring and mid to late summer if your summers are hot. If the are cool, you could add a late spring seeding for a summer crop).
Champion

Corn. D. 1 row, 6" between plants. 8 doz. ears. Must be grown in blocks for proper pollination.
Succession plantings two weeks apart for a steady supply.
Silver Queen,
Popcorn

Cucumbers. I. 1 row, 18" between plants. Assume 2-3 cucumbers/plant. 2-3 seedings.
2 seedings, early spring and mid summer.
Marketmore, Corinto, Lemon

Eggplant. I. 1 row, 18" between plants. 65 eggplant/wk. Assume 1 eggplant/plant.
Black Beauty, Nubia, Traviata, Gretel, Hansel, Fairy Tale

Kale. I. 3/10/12. 150 bunches/week. Assume 1 bunch per 2 plants, every 2 weeks.
2 seedings (early spring and mid to late summer if your summers are hot. If the are cool, you could add a late spring seeding for a summer crop).
Ripbor, Lacinato, Siberian, Red & White Russian, Curly Roja

Lettuce. I. 3/10/12 for large heads, 250 heads. 4/8/6 for small heads, 800 heads. < 30% loss.
Seed every two weeks, with several different varieties.
Romaine, Green Large - Ridgeline, Holon, Green Towers, Coastal Star, Jericho
Green Mini - Ansar, Dragoon
Red Large - Rouge d'Hiver
Red Mini - Breen, Pomogranate Crunch, Truchas
Leaf Green Large - Black Seeded Simpson, Waldmann's, Lettony, Bergam's Green,
Muir, Nevada
Red Large - Vulcan, New Red Fire, Red Sails, Magenta,
Butterhead/Bibb, Green Large - Nancy, Kweik
Green Mini - Spretnak, Winter Density, Bambi
Red Large - Red Cross, Skyphos, Alkindus, Roxy, Pirates
Red Mini - Austral, Rhazes,
Oakleaf, Green Large - Panisse, Encino
Green Mini - Emerald Oak, Regal Oak
Red Large - Oscarde,

Melons. I. 1 row, 18" between plants. About 100 melons (1.25/plant).
Edens Gem (Rocky Ford), Halona, Arava, SunJewel

Onions. I. 3/10/10. 5 seed/pot or block, thin to 3. 420 lb.
Candy, Valencia, Walla Walla
Bunching (Scallions) - Evergreen

Peas. D. 1 row, 1/2" between seeds. 272 lb.
2 seedings in spring, one month apart.

Sugar Ann, Austrian Winter Pea

Peppers. I. 1 row, 9" between plants. 120 peppers/week. Assume 1 pepper/plant/week.
Corno di Toro, Carmen, Oranos, Hungarian Hot Wax, Jalapeño

Potatoes. D. 1 row, 12" apart in the row. Seed 10 lb for 80-100' of bed. Expect 60-100 lb.
White - Kennebec I.
Yellow - Yukon Gold
Red - Red La Soda, Purple Viking

Radishes. D. 5-6/6/1.25. 6-12/bunch. 300 bunches. Daikon - 2/18/2. Then thin to 1 every 4-6".
4 seedings, 2 in spring, 3 weeks apart. 2 in late summer 6 weeks apart.
Celesta, Cherry Belle, Pink Beauty, Purple Plum, D'Avignon (French Breakfast), White Beauty, Watermelon, Nero Tondo, Daikon

Sweet Potatoes. D (using "slips"). 1 row, 12" apart in row. Expect at least 100 lb.
Beauregard, Georgia Jets, Hatteras, O'Henry

Spinach. I. 4/6/6. Expect 75lb, with 2-3 pickings.
Two seedings in spring, 4 weeks apart. Two in late summer, 2 weeks apart
Space, Corvair, Red Cardinal

Summer Squash. I. 1 row, 24" between plants in row. Assume 2 squash/plant.
3 plantings. 2 in spring 1 month apart. 1 in mid summer
Dunja, Yellow Crookneck, Y-Star, G-Star

Winter Squash. I. 1 row, 24" between plants. Bush varieties can be closer, large varieties farther

Expect about 200 lb.

Butternut, Acorn, Baby Blue Hubbard, Delicata, Sugar Dumpling, Buttercup, Spaghetti, Crown Pumpkin, Kabocha

Tomatoes. I. 1 row, 18" between plants. Expect about 150 lb.
2 seedings at least 1 month apart
Orange, Caiman, leaf mold resistance for hoophouse, Big Dina, Moskovich, Cosmonaut Volkav, Cherokee Purple
Cherry Tomatoes

Turnips. D. 5/6/1.25. 200 bunches of 3-4/bunch.
3 seedings in spring, 2 weeks apart. 2 seedings in late summer, 3 weeks apart.
Purple Top, Hakurei (Japanese Market)