



Winter Class Worksheet

Introduction

1. **NEWS FLASH: What's going on with our current food system?**

1. What's happening in the world right now and why is growing your own food a wise plan?

2. Which Plants Grow Best in the Cold

1. Each plant has its own _____ where it _____ best
2. Winter veggies are pretty much all what kind of veggies?

3. The #1 Critical Factor for a Successful Winter Garden

1. After choosing the veggies you want to grow, what is the first critical factor to consider when it comes to extending your season?

2. _____ can make all the difference from having a _____ to no _____ at all

3. Why does plant's growth slow down in the winter?

4. The purpose of season extension isn't so much to _____ plants in the winter as it is to _____ them _____ through the winter

4. The Purpose of Protection – is it Really Important?

1. Protection often has more to do with protection from the _____ than it does from the _____ itself

2. The more still the air is around a plant – the _____ that
plant will be able to handle

5. Practical Ways to Protect Your Precious Veggies

1. A Wind Break or Hedge

How can a windbreak or hedge help with protecting your veggies?

2. Cold Frames

What is a cold frame and how can it be used?

3. Row Covers

Why are row covers possibly the best overall way to protect veggies from the cold and wind?

What are some benefits of row covers?

What kind of temperature increase can you expect by using a row cover?

Why would you use wire hoops under a row cover?

What is a quickhoop?

What thickness of row cover is perhaps the best compromise and why?

When would you use two row covers instead of just one?

4. High Tunnels or Caterpillar Tunnels

What is a high tunnel or caterpillar tunnel?

5. Hoophouse or Greenhouse

What is the difference between a hoophouse and a greenhouse?

6. Why you should be growing your own food

1. List some of the benefits of growing your own food

2. Do you feel like you could use more training like this to really grow the kind of garden that you'd like to?

3. Do you think you could get there faster if you could learn from the mistakes of people who have done this before?

4. List the practical steps you are going to take to take your garden to the next level this year: