



Winter Class Resource List

HERE ARE THE RESOURCES FROM THE CLASS:

1. Organic Food and GMO Information

1. Organic Consumers Association - <http://www.organicconsumers.org/>

1. Why we should all eat more organic food:

<http://www.organicconsumers.org/organlink.cfm>

2. GMO Mini-Summit - <http://gmosummit.org/>
3. Food Revolution Network - <http://www.foodrevolution.org/>
4. Non-GMO Project - <http://www.nongmoproject.org/>
5. Genetic Roulette - <http://geneticroulettemovie.com/>

2. Cold Tolerant Veggies List

1. Download the document here:

<http://borntogrow.net/worksheets/cold-tolerant-veggies-list.doc>

Low Cold Tolerance	Medium Cold Tolerance	High Cold Tolerance
Lettuce Chicory (radicchio, endive, escarole) Broccoli Cauliflower Cilantro Parsley Radishes Celery <u>Bok Choi</u>	Chinese Cabbage Sorrel Rutabaga Kohlrabi Collards Kale <u>Maché</u> Spinach Beets Carrots Parsnips Dandelion Greens Baby Greens	Turnips (<u>hakurei</u> - low) Brussels Sprouts Cabbage

3. It's All About Timing (The #1 Critical Factor)

1. Calculate your first and last frost dates (You'll need your average first frost date to use the fall planting calculator listed below)

<http://davesgarden.com/guides/freeze-frost-dates/>

2. Fall Planting Calculator (Johnny's Selected Seeds)

<http://www.johnnyseeds.com/growers-library/calculator-planting-dates-fall-harvest-crops.html>

4. Practical Protection Resources

1. Row covers and accessories (Johnny's Selected Seeds)

<http://www.johnnyseeds.com/c-232-row-cover.aspx>

2. Row covers, supports, and plastic (Seven Springs Farm)

<http://www.7springsfarm.com/floating-row-covers-supports-plastic/>

5. Born to Grow Garden Center: <http://store.borntogrow.net>