



**Tried and True
Potting Mix
Recipe**

Hey there!

So... you want little veggie starts that THRIVE?

You betcha!

Here is our tried and true potting mix recipe that we have used over and over again to grow beautiful, thriving little starts.

It's simple. It's easy. And it's perfect for starting your transplants.

But first, a couple tips on how to make the most of this recipe:

ONE: We suggest getting a bin that is large enough to mix your potting mix together in. Then use the mix to make soil blocks (like we teach to our [Pro Members here](#)).

TWO: Mix all of the dry ingredients together first. In fact, you can even mix a large amount of the dry ingredients together ahead of time and store it dry, then use it as you need it.

THREE: Wet the mix until it is moist but not sopping wet. You should be able to squeeze it with your hand and only have a few drops of water come out. If it is too dry or too wet, your soil blocks won't hold form very well.



And now for the recipe! I've divided it into three batch sizes to make it easy for you depending on how much potting mix you want to mix up at a time.

You'll notice that there is a main recipe which includes a "fertilizer mix". I'll include the fertilizer mix recipe at the end (plus a link where you can get a pre-mixed fertilizer mix). But first, here's the main recipe:

Full Recipe (makes 14 gallons of mix)

Peat Moss: 6 gallons

Compost: 6 gallons

Course Perlite: 2 gallons

Fertilizer Mix: 2 cups

Half Recipe (makes 7 gallons of mix)

Peat Moss: 3 gallons

Compost: 3 gallons

Course Perlite: 1 gallon

Fertilizer Mix: 1 cup

Quarter Recipe (makes 3.5 gallons of mix)

Peat Moss: 1.5 gallons

Compost: 1.5 gallons

Course Perlite: 1/2 gallon

Fertilizer Mix: 1/2 cup

So that is the main recipe. The peat moss, compost, and perlite should be available at a local garden center near you.

Next, our fertilizer mix recipe is very simple. It includes three main parts. A nitrogen source ([bat guano](#) or [soybean meal](#)), a potassium source ([greensand](#)), and a phosphorous source ([soft-rock phosphate](#)). Here's the recipe:

Fertilizer Mix Recipe:

Nitrogen Fertilizer: 2 Parts

Greensand: 1 Part

Soft-Rock Phosphate: 1 Part

Or, make life simple and use a pre-mixed fertilizer mix that works very well called [Down to Earth Vegan Mix!](#)

And finally, go for it! Mix this up and start your starts in a warm place to grow some little veggies that will absolutely love you to pieces.

And if you're interested in more step-by-step garden training like this then you may want to consider [joining our gardening Pro Members](#) and get instant access to our entire garden training library.

Otherwise, until next time!

Here's to your best garden ever this year. :)

Blessings,
Paul

