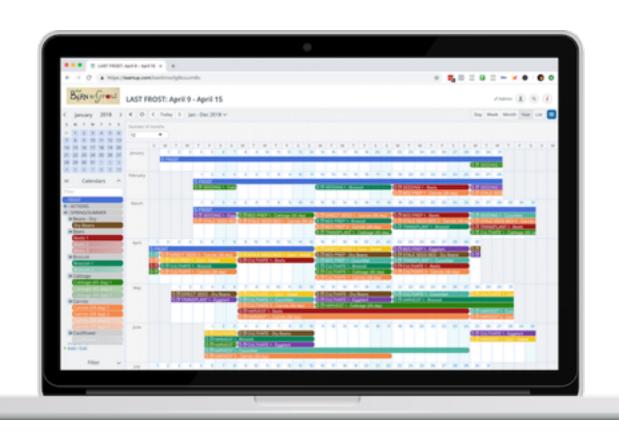


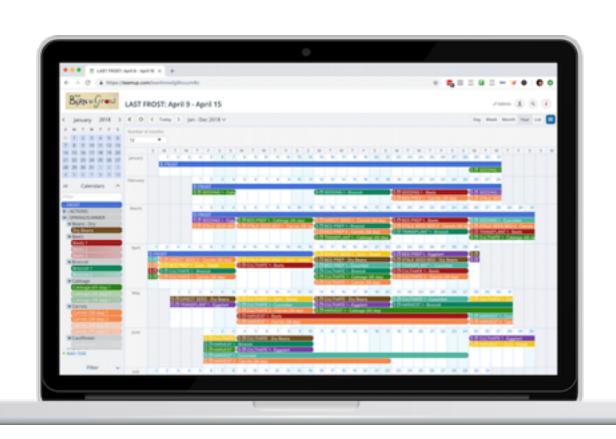
FREE GIVEAWAY



FREELIFETIME ACCESS

GIVEAWAY AT
THE END OF CLASS

FREE GIVEAWAY



LIFETIME ACCESS!

- ➤ Your own personal 5 Minute Click 'N Drop Calendar based of your local area
- Gardening Masterclass Video Lessons
- ➤ Private FB Group Access
- ➤ Live monthly meetings

WHAT'S HAPPENING RIGHT NOW

- 1. Abrupt change in the economy
- 2. Store shelves are empty
- 3. Stock market tanking. People losing their jobs.
- 4. Public health crisis all around us
- 5. All of a sudden there's LOTS of interest in gardening!
- 6. No better time than now to garden

OUR PROMISE:

- 1. We promise to share actionable information you can put to use right away
- 2. We promise that this isn't a fear based class we understand the world is going crazy right now
- 3. We promise to be honest and authentic and not play on your fears or worries
- 4. Now is the time to be reasonable and take thoughtful actions. We are here to serve you.

OVERVIEW:

- 1. The #1 FASTEST way to grow and harvest your first fresh veggies in just 14 days or less
- 2. How to grow over \$1,000+ of fresh food in a small 15x20 foot garden space
- 3. How to plan your best garden ever from scratch in just 3 simple steps
- 4. How to create your own planting schedule in just minutes
- 5. How to use our "Perpetual Harvest Hack" to grow fresh food all year round (it's easier than you think)









































Events or companies Born to Grow has been featured in:









Adventist® Agricultural Association
Returning To Our "Roots"

There was a very <u>noticeable</u> difference in the amount of fruitage this year compared to last year... I really got to give credit where credit is due, so I thank God and thank you for sharing the knowledge and wisdom to the masses."

Roy Kim - New York USA



"I just wanted to tell you Paul thank you... for making my gardening experience such a joy! ... My 2 eggplants were dropping blossoms, and flea beetles chewing holes in leaves. Within a few days after side dressing, they have put on many blossoms, hardly any flea beetles, and many healthy leaves - looking good." Jennifer Lingerfelt - Illinois USA







The #1 FASTEST way to grow and harvest your first fresh veggies in just 14 days or less

IMAGINE:

- 1. It's so easy your 6 year old can do it
- 2. It only takes a few minutes a day
- 3. You can start for only \$20 or less
- 4. You can eat your first harvest in only 14 days
- 5. You're growing food with up to 40x the nutrients of regular veggies including nutrients extremely important for skin, eyes, and fighting cancer...
- 6. You don't have to deal with weeds
- 7. You can grow this all year round anywhere

IMAGINE:

In fact, the researchers that were studying this said it "totally knocked me over" was "quite astonishing" and "when we first got the results we had to rush to double and triple check them"







HEALTH A-Z

DRUGS & SUPPLEMENTS LIVING HEALTHY **FAMILY & PREGNANCY** **NEWS & EXPERTS**

SEARCH



DIET & WEIGHT MANAGEMENT

Tiny Microgreens Packed With Nutrients

By Jennifer Warner, Reviewed by Louise Chang, MD on August 31, 2012



Microgreens Have Up to 40 Times More Vital Nutrients Than Mature Plants

Aug. 31, 2012 -- They may be tiny, but a new study shows trendy microgreens punch well above their weight when it comes to nutrition.

Researchers found microgreens like red cabbage, cilantro, and radish contain up to 40 times higher levels of vital nutrients than their mature counterparts.

Microgreens are young seedlings of edible vegetables and herbs harvested less than 14 days after germination. They are usually about 1-3 inches long and come in a rainbow of

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January 2014

🖺 Jan 2014 - Contents



+ Share

Specialty Greens Pack a Nutritional Punch



Visiting scientist Liping Kou (left) and technician Ellen Turner harvest different types of microgreens for shelf-life studies and nutrient analyses.

(D3085-1)

"Microgreens" is a marketing term used to describe tiny, tender, edible greens that germinate in soil or a soil substitute from the seeds of vegetables and herbs. Smaller than "baby greens," and harvested later than "sprouts," microgreens can provide a variety of leaf flavors, such as sweet and spicy. They are also known for their various colors and textures. Among upscale markets, they are now considered a specialty genre of greens that are good for garnishing salads, soups, plates, and sandwiches.

Microgreens began showing up on chefs' menus as early as the 1980s, in San Francisco, California, according to a local industry source. Today, the U.S. microgreens

industry consists of a variety of seed companies and growers.

A microgreen has a single central stem, which has been cut just above the soil during harvesting—in fact, home gardeners often snip them with scissors. The seedlings are well suited for

OUR PICKS













EATING AND HEALTH

Introducing Microgreens: Younger, And Maybe More Nutritious, Vegetables

August 30, 2012 · 2:52 PM ET





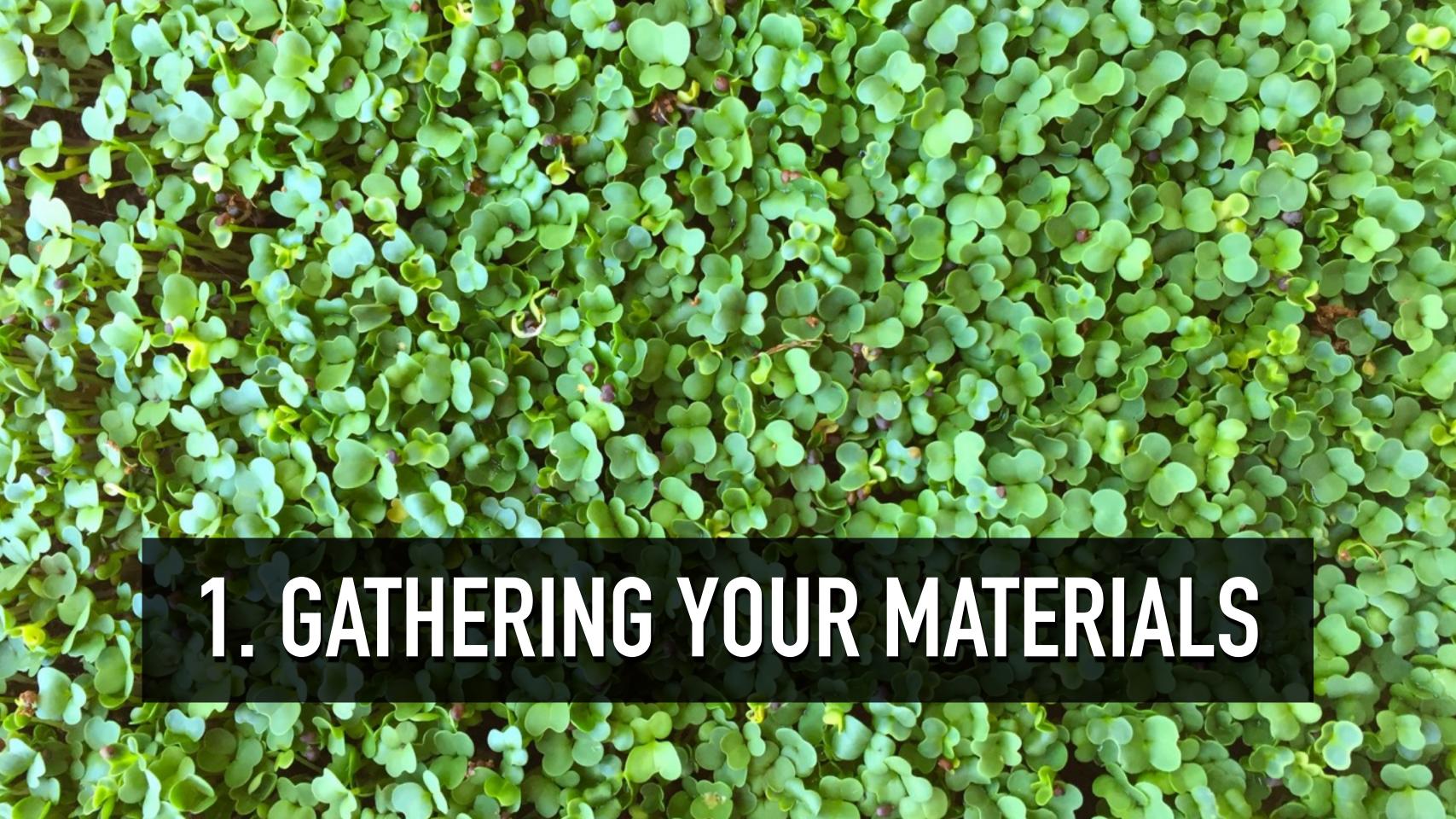




GAME PLAN:

- 1. Gathering your materials
- 2. Seed starting
- 3. Caring for your microgreens
- 4. Fertilizer mix
- 5. Lighting
- 6. Harvesting!
- 7. BONUS: Autopilot tray system







YOUR MATERIAL LIST

- ➤ What you need
 - ➤ Trays
 - ➤ Growing medium
 - ➤ Seeds
 - ➤ Fertilizer
 - ➤ Light (optional)



YOUR MATERIAL LIST

- ➤ Purchase on your own
- ➤ OR
- Get a microgreens growing kit to start
 - ➤ 2 trays
 - ➤ 1 coconut coir brick
 - ➤ 2 seed packets
 - ➤ BONUS: fertilizer bottle
 - ➤ Instruction sheet



STARTING YOUR SEEDS

- Soak your seeds (optional)
 - ➤ Cover seeds with water
 - ➤ Let soak overnight or 8 hours
 - Sunflower, buckwheat, beet, pea should be soaked
- You do not need to soak your seeds
- ➤ It helps for possible faster germination



STARTING YOUR SEEDS

- Soak and spread coconut coir
 - Moist like a wrung out sponge
 - ➤ About 1/2 inch deep
 - ➤ Gently pat down
 - ➤ Spread seeds about 10-12 per square inch
 - Helpful to dry them off if soaked beforehand



STARTING YOUR SEEDS

- Do not cover the seeds unless they are large seeds
 - ➤ Sunflowers
 - ➤ Peas
- Set aside in a warm place to sprout
- Cover the tray with a plastic bag to keep humidity up
- Keep covered until germinated







CARING FOR YOUR MICROGREENS

- Once germinated remove the plastic cover
- ➤ Keep your soil moist
 - ➤ Mist it with water bottle
 - ➤ Dip tray in water
- Place in a place with bright light
 - Window with good sunlight
 - ➤ Use a grow light



CARING FOR YOUR MICROGREENS

- ➤ Do not let your soil try out
- Water once or twice a day as needed
- Or set up with our AUTOPILOT tray system!



WHAT ABOUT DISEASE?

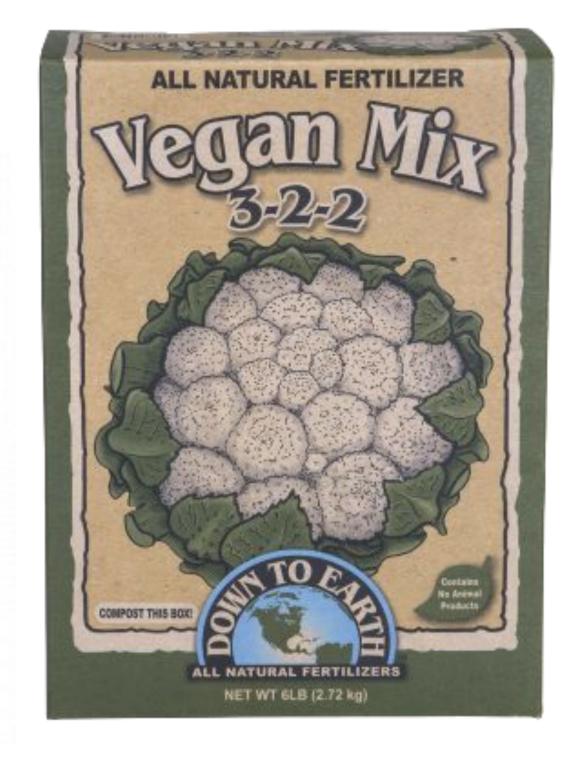
- ➤ Mold or fungus problems
- ➤ Make sure trays are clean
- ➤ Increase air circulation
- Seed less densely
- ➤ Grapefruit seed extract mixed with water?



FERTILIZER MIX

- Mix 1 teaspoon of fertilizer with a quart of water
- ➤ Water with fertilizer mix
 - ➤ Misting spray bottle
 - ➤ Use with AUTOPILOT system
- ➤ Use Vegan Mix
- ➤ Sea 90

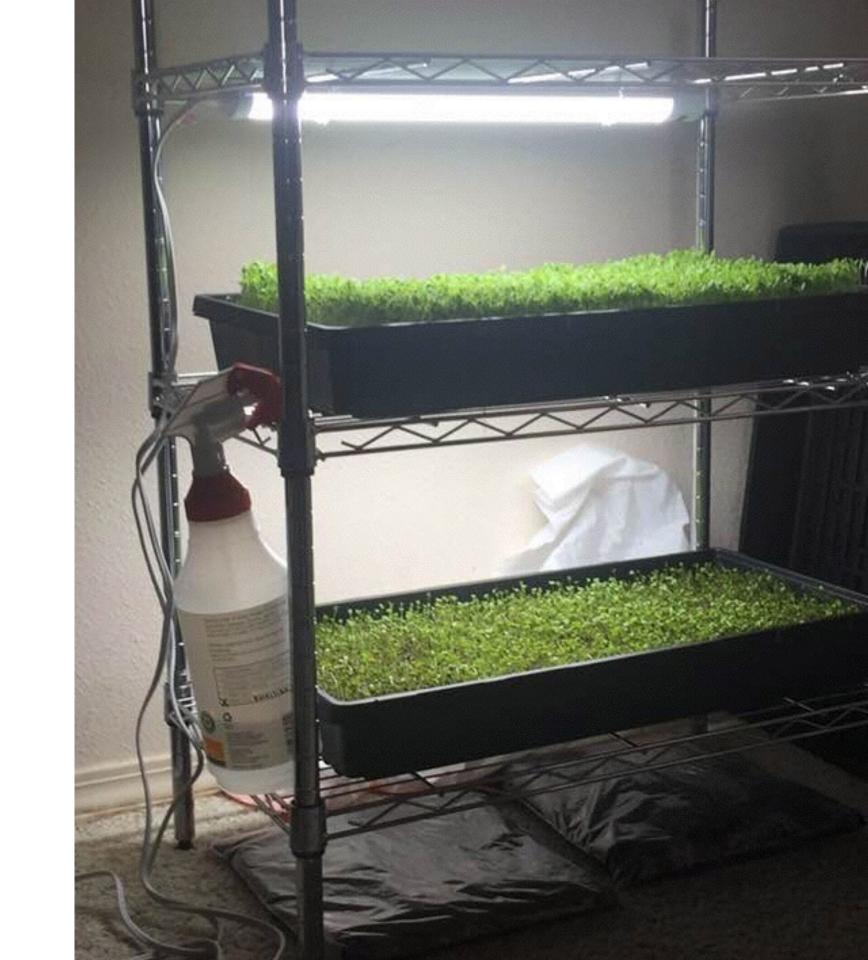






LIGHTING

- Grow in partial to full sunlight
- ➤ On a sunny window sill
- ➤ Use a grow light
 - Very inexpensive at Lowes, Home Depot, or Amazon
 - Keep light 2-4 inches from plants







HARVESTING

- Ready to harvest when second set of leaves appear
- Gently hold with fingers and snip just above the coir
- ➤ Use sharp scissors or a knife
- ➤ Best value: harvest just before eating!



HARVESTING

- ➤ Microgreens are great to eat!
 - ➤ Salads
 - ➤ Sandwiches
 - ➤ Juicing
 - ➤ Garnish
 - > Soup



GROWING ON AUTOPILOT

- Use tray without holes for reservoir
- Create platform
 - Use second tray
 - Create from signboard
- ➤ Use polyester cloth
- ➤ Paper towel may work



GROWING ON AUTOPILOT

- ➤ Wet cloth and coco coir
- > Spread and seed the coir
- Keep moist while sprouting
- ➤ Set it. Forget it. Come back and harvest 14 days later!





Kids and I started our first microgreens yesterday thanks to Paul's thorough instructions on the website! The close up pictures I took just now and as you can see they are already sprouting. So excited! I don't have a grow light so I hope there will be enough daylight from the window. We planted beets, cabbage, collard, spicy salad mix and amaranth.







Update 5 days in. They're looking good. The auto pilot system is genius!



im Like Comment



Write a comment...





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Stream live like a pro! Save \$100 on the Mevo Pro Bundle and get all the gear you need.





LaRee Colburn

42 mins

Do you think the green ones are ready to harvest?

i Like Comment



Write a comment...

0 🙂

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The First Camera for Facebook Live getmevo.com

Stream live like a pro! Save \$100 on the Mevo Pro Bundle and get all the gear you need.





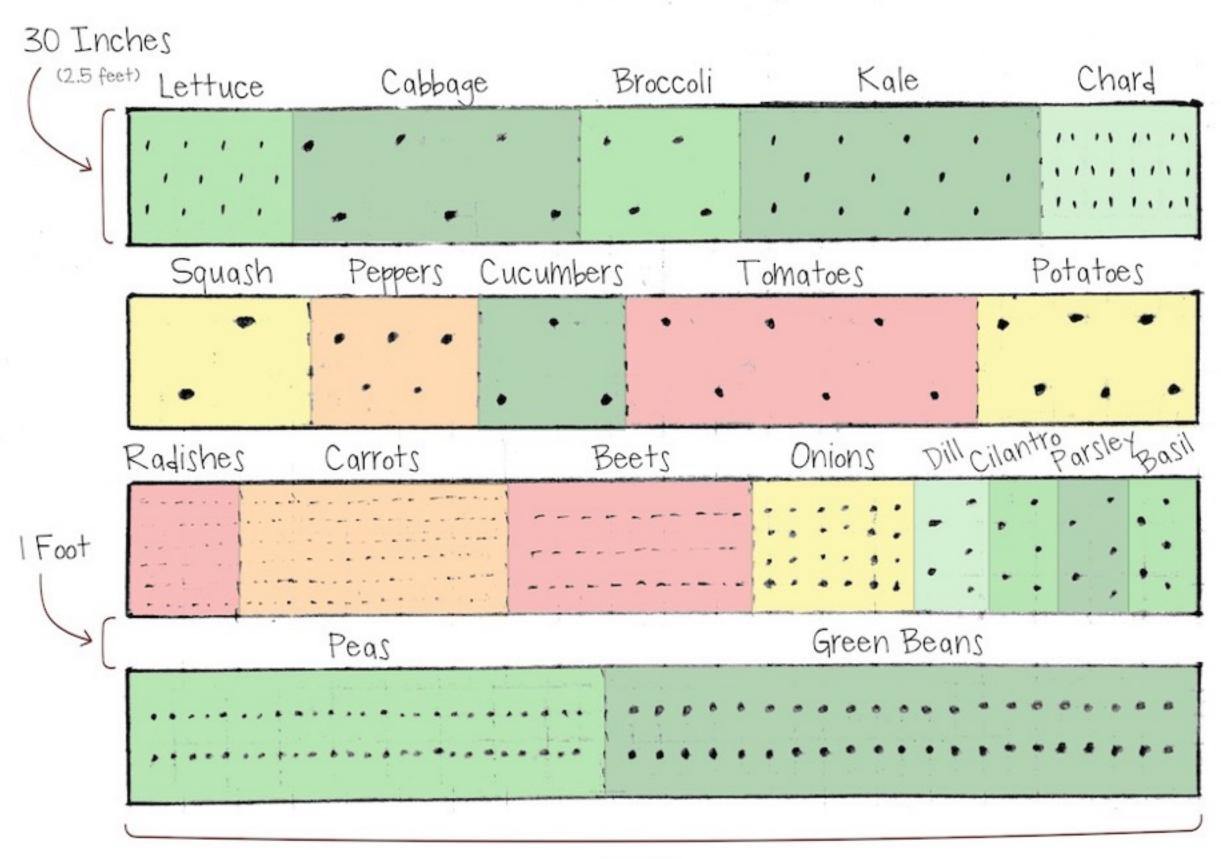
OTHER OPTIONS:

- 1. Growing baby greens a little longer than microgreens but more volume (30 days)
- 2. Patio gardening in containers
- 3. Growing in a tower garden
- 4. Backyard gardening/garden landscaping

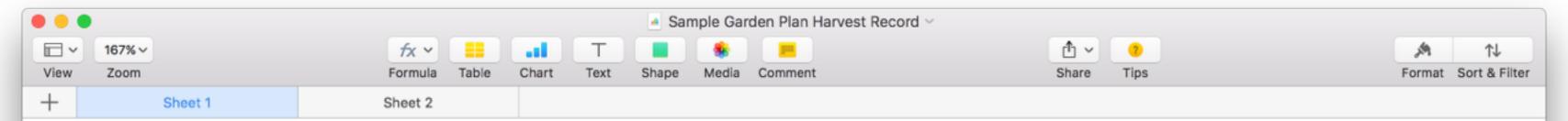


OUR PLUG AND PLAY GARDEN PLAN

How we grew over \$1000 of food in a small 15x20 foot garden just last summer / early fall (6 months)



20 Feet



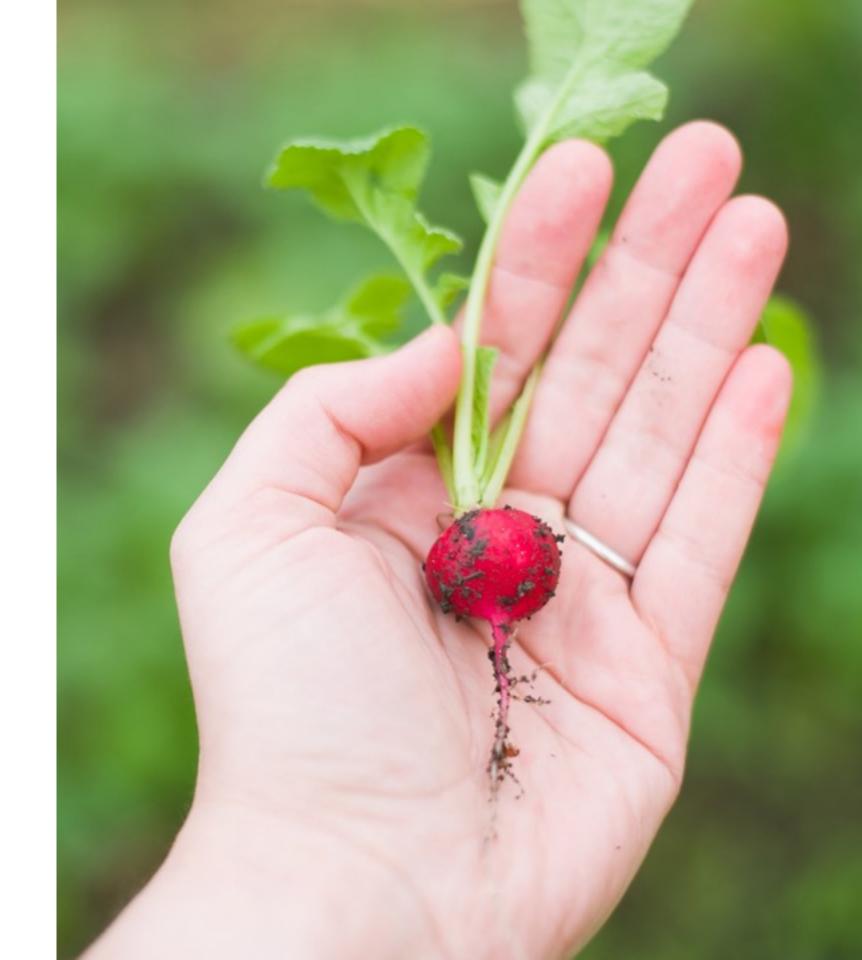
Sample Garden Harvest

Crop	Harvest (lbs.)	Planting #	Date	
Tomatoes	0.20	'	0/30	
Tomatoes	1.18	1	10/25	
Tomatoes	2.95	1	9/15	
Tomatoes	5.9	1	9/22	
Tomatoes	3.02	1	9/25	
Tomatoes	2.68	1	10/3	
Tomatoes	1.15	1	8/16	
Tomatoes	5.77	1	8/21	
Tomatoes	0.54	1	8/22	
Tomatoes	3.46	1	8/27	
Tomatoes	4.5	1	9/5	
Tomatoes	3.4	1	9/10	
Tomatoes	7.08	1	7/8	
	108.79			\$270.89
	TOTAL:			\$1057.07



THE SIMPLE WAY

- 1. Gardening is full of decisions
- 2. The simple art of knowing:
 - 1. What to do (PLAN)
 - 2. **Where** and/or **How** to do it (ACTION)
 - 3. When to do it (TIMING)
- 3. Power of the "Perpetual Harvest Hack"





WHAT TO DO (PLAN)

- 1. Choose the list of crops you are going to grow and how much
- 2. Map out your garden on paper or in a planning software
- 3. Create your planting calendar
- 4. Consider succession or "leapfrog" planting to maximize harvest



WHAT IS LEAPFROG PLANTING?

- 1. What is leapfrog planting?
- 2. Each time you harvest have another crop ready to plant
- 3. Example with lettuce
- 4. Example with peas and green beans

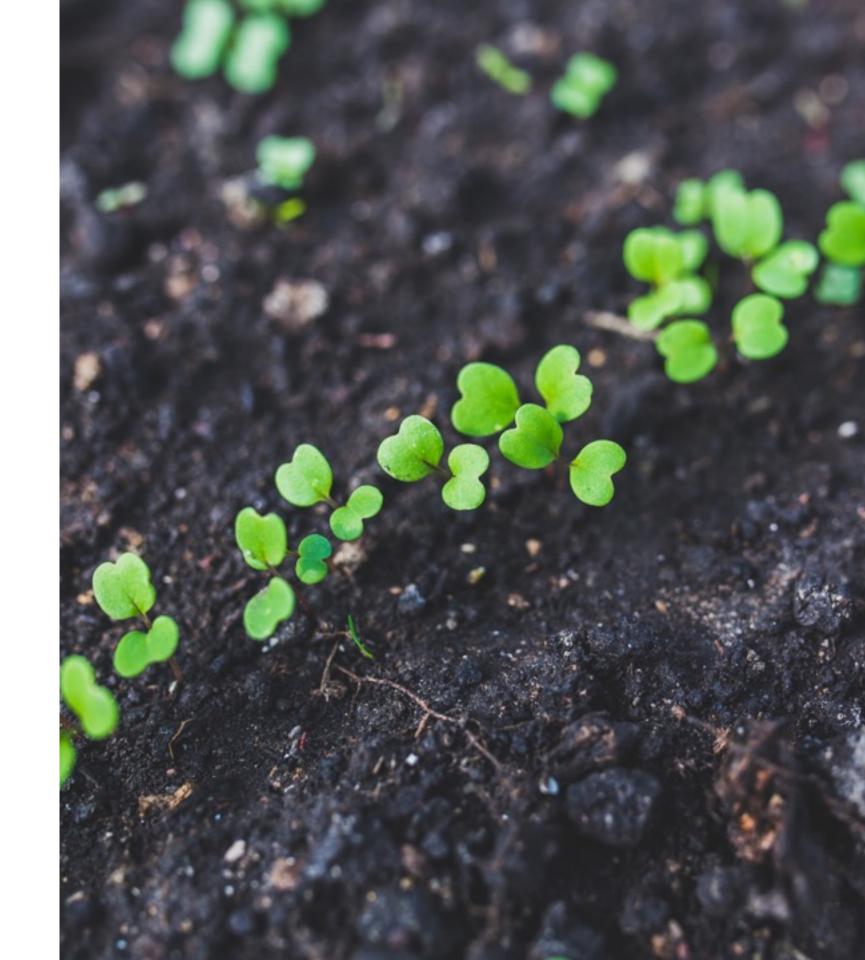


LEAPFROG PLANTING

- 1. But leapfrog planting can be complex too
 - 1. You've got to figure out when to plant your first crop
 - 2. Then how long before it will be harvested
 - 3. And how long of a harvest window you can expect from it
 - 4. And then when to plant the second "leapfrog" crop so that it is ready to go in when the first crop is harvested
 - 5. Plus figure out how long in the season the crop can be grown
 - 6. And then repeat that for each crop because they are all different

LEAPFROG PLANTING

- 1. It really doesn't take that much more physical work.
- 2. Complicated? You bet it sure can be!
- 3. Unless you're using the "Perpetual Harvest Hack"!





WHERE & HOW TO DO IT

- 1. How to seed your starts
- 2. Where and how to prepare your garden beds
- 3. Where and how to transplant
- 4. How far apart to plant
- 5. How to cultivate (weed)
- 6. How to build healthy soil
- 7. How to trellis your plants



WHERE & HOW TO DO IT

- How to deal with pests and diseases in a natural organic way
- 2. How to cure and store veggies over the winter
- 3. How to extend your season into the winter without breaking your pocketbook





WHEN TO DO IT

- 1. The timing of when to seed
- 2. When to seed succession plantings
- 3. When to transplant
- 4. When to harvest
- 5. Putting it all in a calendar
- 6. Weekly checklist for extreme clarity



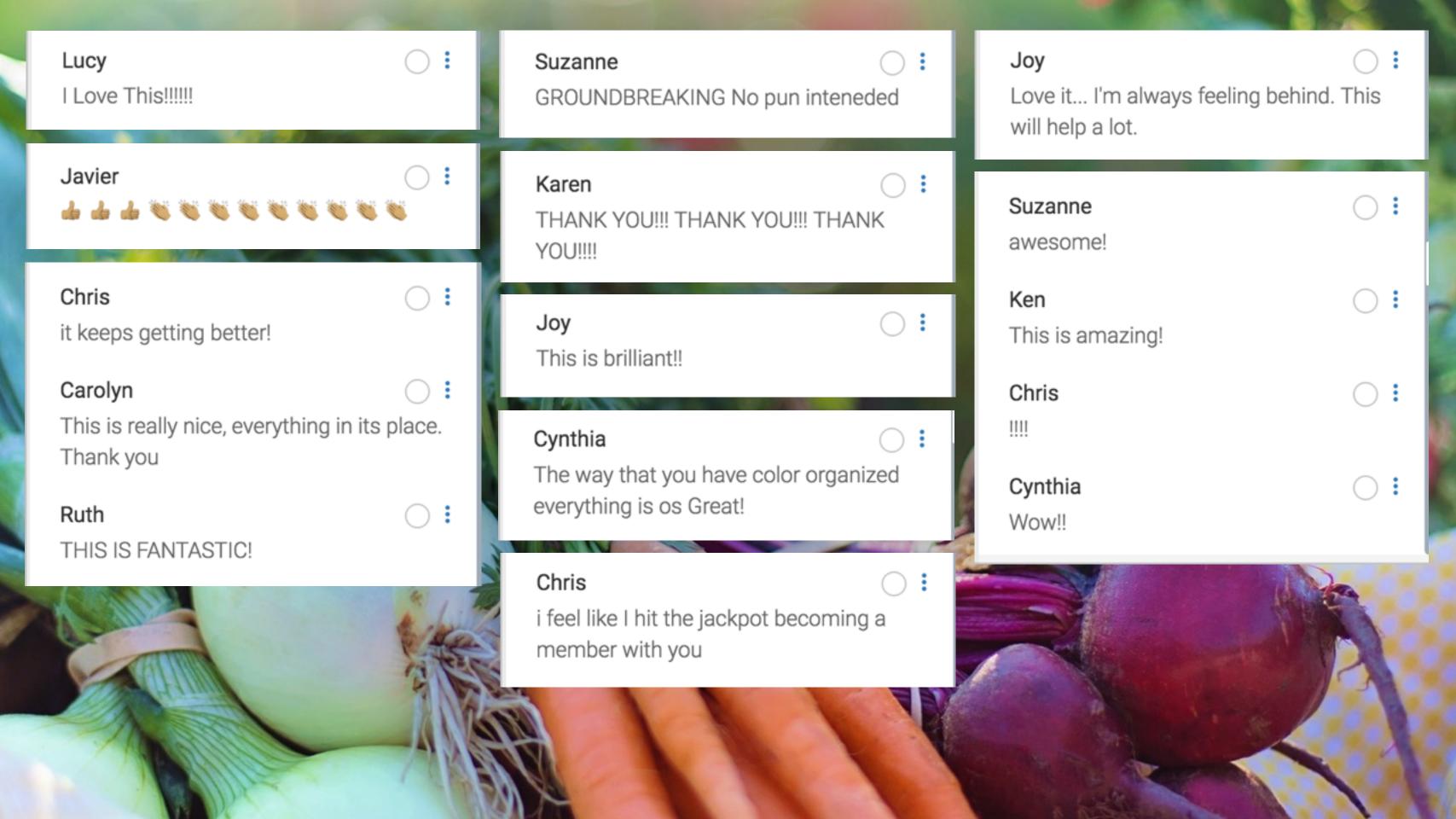


RESOURCES

- Johnny's Seeds Spring and Fall Planting Calculators
- 2. GrowVeg Garden Planning App
- 3. Still quite a bit of work...









James Hunt started a conversation

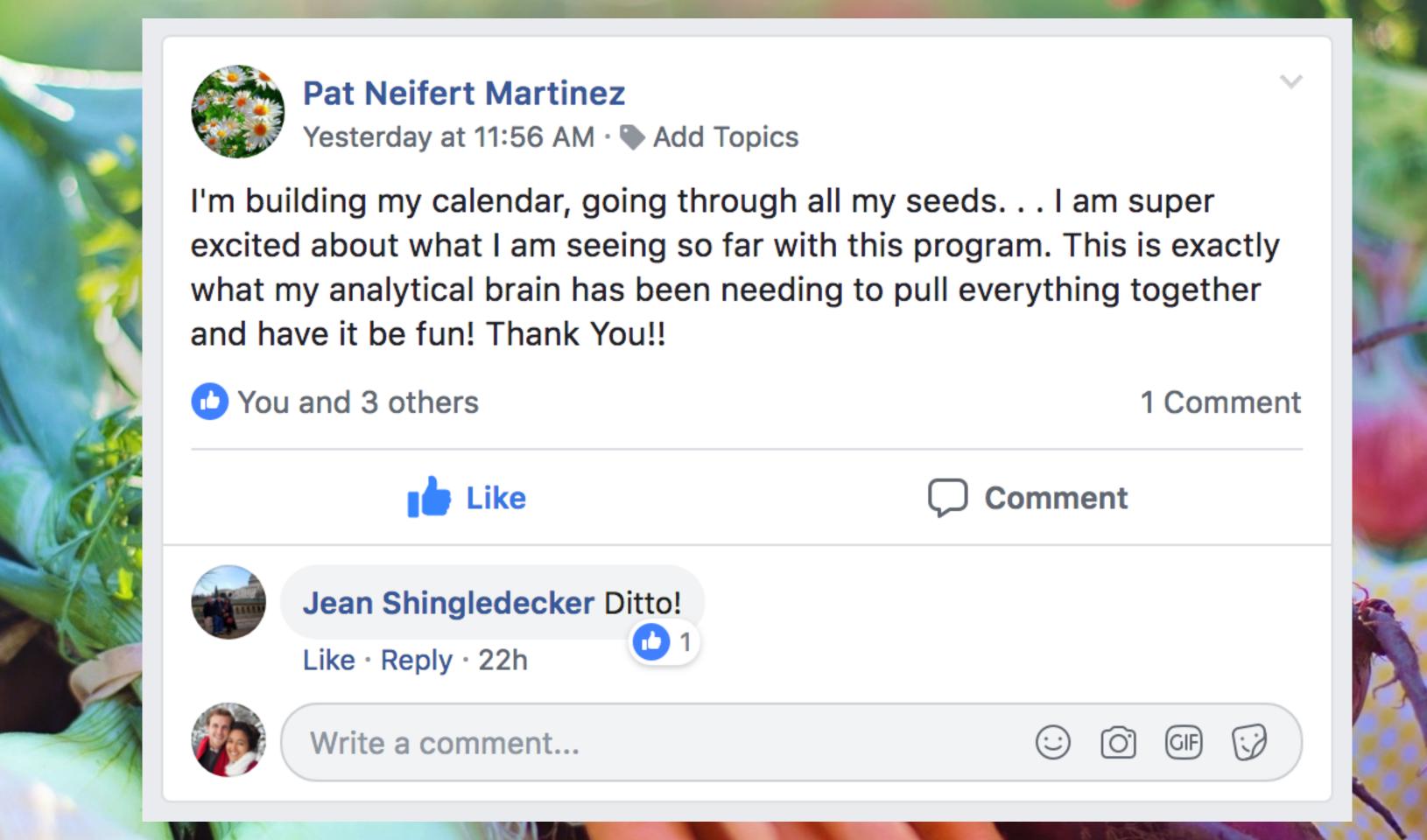
JAN 31 @ 10:04 PM

Paul, I just watched the webinar replay. What a fantastic thing you have done for us! Thank you and Edwin and Natasha for all your hard work. I was just yesterday starting to sit down to the mind-boggling job of planning out this year's garden calendar...and I gave up. Now you have done it for me. God bless you all. I look forward to start using it soon.



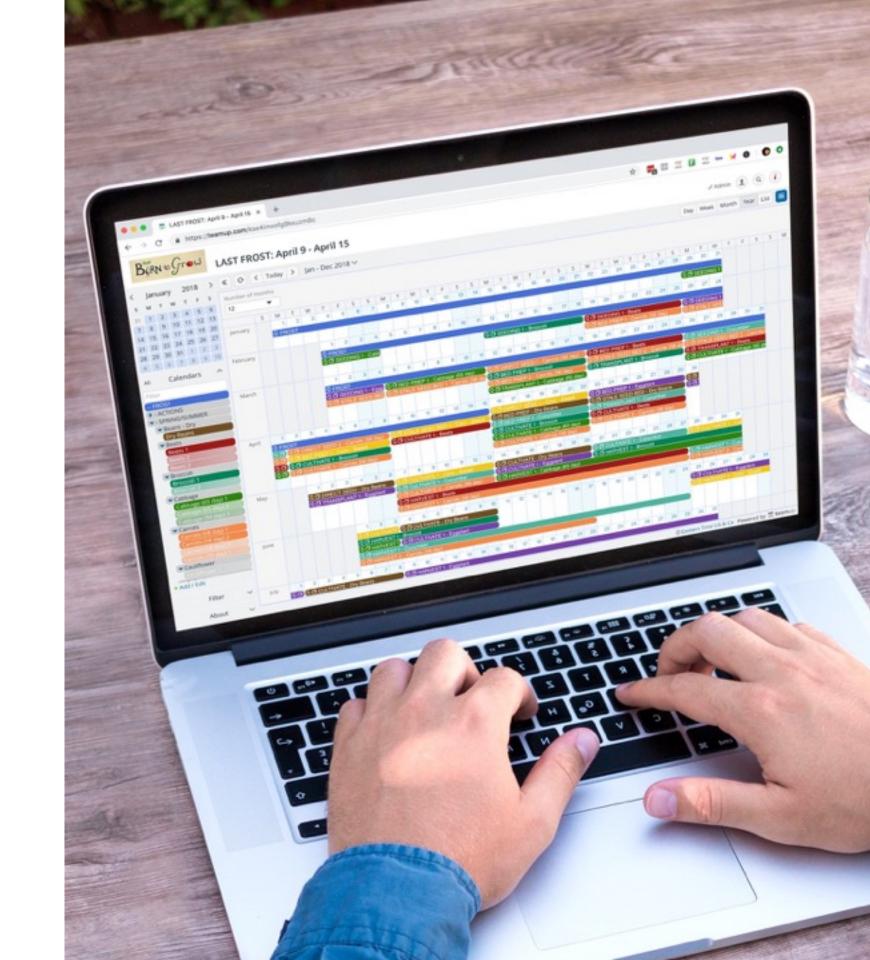
Lucy

I love the new calendar. It keeps me on task and so far it has been working great! planted onions transplants, and direct seeded peas and radishes today.



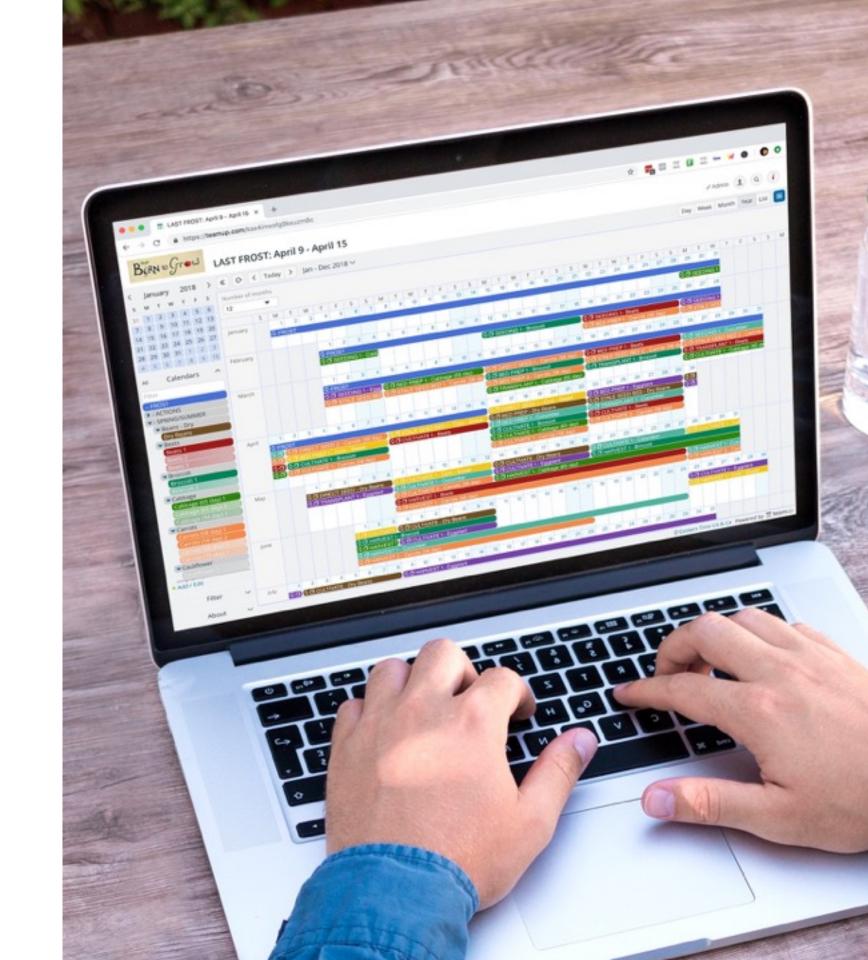
CLICK'N DROP CALENDAR

- 1. Click 'N Drop Planting Schedules
- 2. Leapfrog Planting More Harvest in Less Space
- 3. Weekly Checklists of Garden Tasks
- 4. Detailed Instructions with Demonstration Videos



CLICK'N DROP CALENDAR

- 5. Easy Seeding or Harvest Filter
- 6. Your Frost Zone
- 7. Quick Links to Our Favorite Varieties





THE PERPETUAL HARVEST HACK

- 1. Here is where it ALL comes together!
- 2. An effortless way to PLAN your entire year-round garden
- 3. Expert gardening tricks (ACTIONS) at your fingertips
- 4. Automatic weekly checklist to know when to do it (TIMING)





GARDEN PLANNING WORKSHOP

- 1. Three Power Packed Sessions with Edwin and Paul Dysinger
- 2. Recorded live with real students who paid to attend



GARDEN PLANNING WORKSHOP

- 1. Step-by-step "holding your hand" through planning your best garden ever for this year
- 2. Choosing what to grow and the specific varieties
- 3. How to map out your garden area (choose which veggies grow where)
- 4. Simple crop rotation plan
- 5. How to create your year-round gardening calendar step-by-step



GARDEN PLANNING WORKSHOP

- 3 RECORDED sessions with Edwin and Paul Dysinger walking you step-by-step through our garden planning formula
- Our \$1000 ready-to-go Plug and Play Garden Plan
- Recorded Q+A times.
- Garden planning worksheets to make the entire process a breeze!
- BONUS: (\$15 value) 1 month FREE access to your own personal Click 'N Drop Gardening Calendar - no strings attached
- > BONUS: (\$35 value) 14 Day Microgreens Challenge



"I tried implementing what I learned through the school this summer from seed to harvest and we had some good success, which really made me like a happy kid again. It was a small garden space, about 20' x 12', but we this year harvested a good amount of cherry tomatoes, medium size tomatoes, cucumbers, bell peppers, Korean hot peppers, Russian kale, Swiss chard, lettuce, green beans, dill, eggplant, and other plants I don't know the English name for. There was a very noticeable difference in the amount of fruitage this year compared to last year.... I really got to give credit where credit is due, so I thank God and thank you for sharing the knowledge and wisdom to the masses."

Roy Kim - New York USA



Joelle Damsteegt McNulty

July 25 at 6:58pm

So. Much. Produce!! I want to say this season might be the most ever thanks to the new methods I've been using from these garden classes.





"I recently became a member of the Born to Grow community. I grew up growing a big garden with my parents and I am very passionate about gardening as an adult. Though I consider myself to be a somewhat experienced gardener, I cannot even tell you how much I've learned already from the gardening courses. For example, I never realized how much there is to know about soil health! Just today my kids and I counted the # of worms in a square foot of our garden dirt. It was a lot of fun - and told us a lot about our soil. I would've never known to do this had it not been for being a part of the Born to Grow community..."

LaRee Colburn - Nebraska USA





LaRee Colburn ▶ Born to Grow Family …

August 27, 2017 · 41

Today's garden haul. I think it's safe to say I'll be snapping beans tomorrow 😂







1 Joelle Damsteegt McNulty, Melissa Bull and 6 others



David Gasparro You are blessed with a bountiful harvest!

Like · Reply · 22w





→ Colburn replied • 1 Reply



Lisa Minchin-Hoelzl Wow!!

Like · Reply · 22w





Paul Dysinger You're a champion LaRee! (Quote from my wife Natasha 🐸)

Like · Reply · 22w





→ Paul Dysinger replied · 8 Replies



LaRee Colburn So tell Natasha we really missed having her help abut we survived. I failed to mention that there were still 2 bags of beans waiting to be snapped in the refrigerator. So in this batch we canned 68 quarts and that gives











LaRee Colburn

December 20, 2017

We are pretty excited about our first December harvest thanks to using the quick hoops that Paul talks about in the course. It is supposed to get really cold the next couple of weeks and be below zero at night and only about 20 degrees during the day and so I decided that row cover probably wasn't going to be enough to keep everything from freezing solid so I went ahead and harvested what was left. I sure wish I would've gotten more planted and gotten it in earlier as I would've had even more to harvest but we are thankful for what we have and we will do better next year. The problem was that my spring crops did not grow as quickly as I anticipated and so they were in the way when I needed to be planting fall crops. #blessed #firstwinterharvest



"Born to Grow has been a real blessing to me to help me stay connected to others who are growing their own veggies or at least want to. I have been a gardener for about 30 years and I still learn things from Paul and his dad... Born to Grow is a great way to get reliable knowledge about organic gardening.

I moved to an apartment building in Chattanooga, TN in July. There was only one small space in the yard that got much sun so I put in an 8 foot by 4 foot garden of Russian kale, Georgia southern collards, and black seeded Simpson lettuce in September... The lettuce needed more sun and didn't do well, but the kale and collards did well all winter... I ate fresh greens all winter."

James Hunt - Tennessee USA







Ray Hitch started a conversation

FEB 12 @ 7:27 PM

I absolutely love this tool it so simple to use even a novice like me can follow the instructions and have a successful garden. The videos are so informative and recommendations for plants are right on the money. I do not see myself using any other tool for my garden planning.

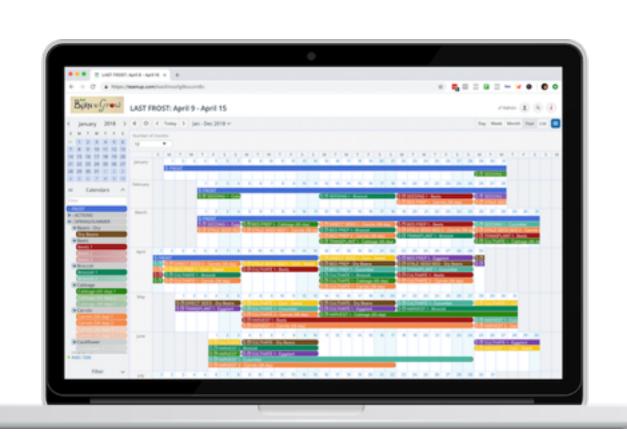








FAST ACTION BONUS DRAWING



FREE LIFETIME ACCESS

First 250



Jan Johnson ▶ Born to Grow Family

June 1 at 11:11pm · 🔣

I deliberately have a very small garden. Keep that in mind when you see this picture. This is my second batch of green beans and my first inkling of peas. I will be picking lettuce tomorrow. Since I have never grown anything

I am really happy.











LaRee Colburn ▶ Born to Grow Family …

August 27, 2017 · 41

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1 Joelle Damsteegt McNulty, Melissa Bull and 6 others



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Paul Dysinger You're a champion LaRee! (Quote from my wife Natasha 🐸)

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Roy Kim - New York USA



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10% Of all funds tonight go to FARM STEW

