



# **WINTER GARDENING CHALLENGE – DAY 3**

## **Protecting Your Winter Garden**



**FREE  
GIVEAWAYS**





# FREE GIVEAWAY

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**FREE!**

**GIVEAWAY AT  
THE END OF CLASS**

# FREE GIVEAWAY

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- Quick easy look-up guide for over 32 garden insect and bug pests
- Organic pest control toolkit so you know what to keep on hand for any emergency
- Photo by photo directory to quickly identify your garden invaders
- Insect/bug characteristics, what they do, and how to deal with them naturally



# BIG GIVEAWAY

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## WIN LIFETIME ACCESS



- Our ELITE Gardening Membership
- Your own personal Click 'n Drop Gardening Calendar
- Monthly LIVE meetings
- Private FB Group Access
- Access to our entire garden training library online



# BIG GIVEAWAY

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## HOW TO PARTICIPATE

- Be active in the FB group
- Every post and comment is an entry to win
- The more entries (activity in the FB group) the higher your chance is of winning
- DO NOT SPAM





# DOWNLOADS





# RESOURCE CENTER

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- In the FB group make sure to see the UNITS for each day
- All resources for each class session will be posted in the unit for that class and also will be sent by email



# OVERVIEW:

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1. **DAY 1:** Choosing what to grow and where to grow your winter garden
2. **DAY 2:** Timing your winter garden - creating your planting calendar
3. **DAY 3:** Protecting your winter garden
4. **DAY 4:** BONUS! Q+A wrap-up





# SILENCE DISTRACTIONS





# THE PURPOSE OF PROTECTION



# PROTECTION

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1. Protecting your winter garden
2. All in all when you boil it down – any kind of protection is simply changing or modifying the existing climate in some way
3. This happens in a totally natural way in nature all the time

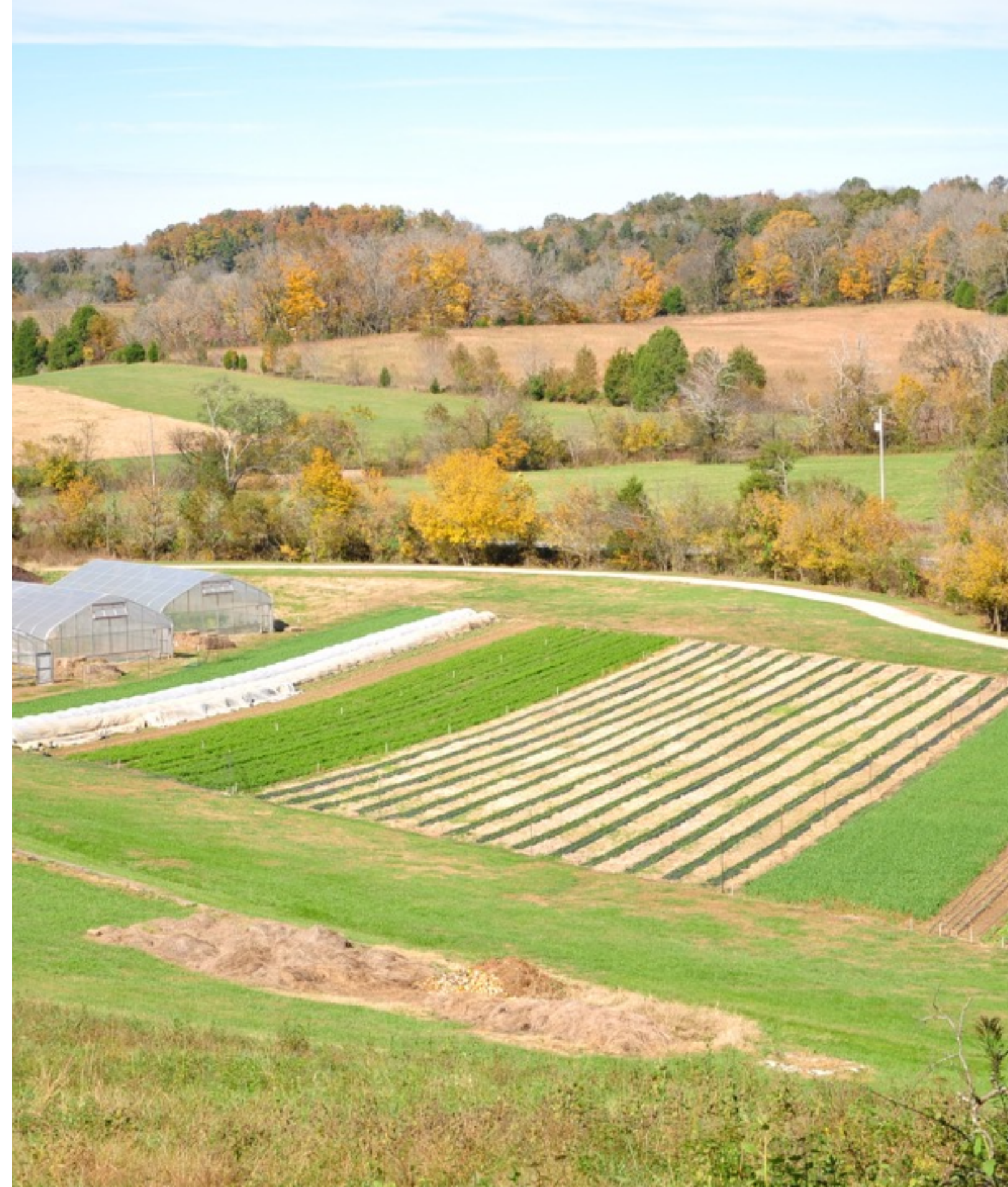




# P – PROTECTION

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1. For instance, a south facing slope warms up much faster in the winter and spring because the sun is shining more directly on it (in the northern hemisphere that is)
2. Valleys tend to collect cold air creating frost pockets while hill tops tend to stay warmer





# P – PROTECTION

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1. All of these little environmental changes create little microclimates where different plants can thrive
2. Our goal in protection is to do this as simply and as economically as possible
3. Simplicity and economics then have to be balanced with reality when it comes to actually keeping your plants alive
4. Then the question is – how much protection do I need?



# P – PROTECTION

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1. But first, let's note that protection has more to do with protection from the elements than it does from the cold itself
2. Yes, warmth is a key factor and some plants need more of it than others – but at times wind may actually cause the greater damage through desiccation of plant leaves or causing wind burn
3. The more still the air is around a plant – the lower temperatures that plant will be able to handle

# P – PROTECTION

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1. It's a lot like the wind chill we feel when we go out on a cold day
2. So practically, when it comes to creating a microclimate in your garden for growing through the winter – there are a couple things to consider
  1. The microclimate where you are growing
  2. Protection from the wind and elements



# P – PROTECTION

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1. In the end you may want to look at protecting your veggies from wind before worrying as much about keeping them warm







**PRACTICAL WAYS TO PROTECT**



# PROTECTION

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1. Protection can take on many forms and can range from being as simple as growing next to a wind break all the way up to building a full fledged greenhouse
2. We'll go ahead and cover several different ways to protect your veggies here







# PROTECTION

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- A Wind Break or Hedge
- Wind breaks or hedges can not only protect your veggies but can even raise the air temperature in the protected area by a couple degrees



# COLD FRAMES

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1. Cold frames are pretty traditional and could be a great option for the home garden
2. The basic idea is creating a raised bed or placing a box over your bed that uses sheets of glass or plastic as a roof

Picture credit - by Ofer El-Hashahar on Flickr (<http://www.flickr.com/photos/best4garden/9016651638/>) under Creative Commons License – (<http://creativecommons.org/licenses/by-sa/2.0/deed.en>)





# COLD FRAMES

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1. The glass or plastic can then be tilted up for ventilation
2. This can be effective if you are only wanting to grow a small amount – but due to the labor and cost involved in making a cold frame it might not be the best first choice

Picture credit - by Michael Cornelius on Flickr (<http://www.flickr.com/photos/cornelii/8466319705/>) under Creative Commons License – (<http://creativecommons.org/licenses/by-sa/2.0/deed.en>)





# ROW COVERS

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1. Row covers are perhaps the overall best way to protect veggies from the cold because they are very effective for the amount of cost and labor involved
2. It is a simple, light weight fabric cover that you can spread out like a blanket over your veggies





# ROW COVERS

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1. Some benefits of row covers are:

1. They are light weight
2. They allow light to pass through
3. They are breathable
4. They protect from wind
5. They increase the temperature
6. They are cost effective





# ROW COVERS

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1. So to use a row cover for protection in your garden you could just throw it over your crops like a blanket
2. But it would be better to keep it up off of the plants somehow
3. A great way is to use wire hoops
4. Another way is to build quick hoops which are like miniature little hoop houses





# ROW COVERS

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1. If you choose to purchase a row cover here is what we suggest
2. There are different thicknesses and we suggest getting a 1 oz. thickness – its probably the best compromise
3. This offers a good balance of light (about 70%) to come through while offering a good amount of protection at the same time
4. In zone 7 where we are in Tennessee – one row cover can effectively protect most of the medium cold tolerant crops



# ROW COVERS

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1. Row covers can be doubled to add even more protection but should be taken off to allow light and heat during the day
2. Row covers can also be used inside a greenhouse or hoop house to add a double layer of protection
3. In fact, John Dysinger used several layers of row covers to protect his tomato plants one spring from a hard frost resulting in outside temperatures being in the 20°s while under the covers (around 3 maybe 4) it was in the low 40°s F





# ROW COVERS

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- All in all, row covers probably give the best balance between cost efficiency, protection, and labor
- The next step up is to make a quick hoop, high tunnel, or caterpillar tunnel



A photograph showing a row of winter 'quick hoops' in a garden. The hoops are covered in white plastic and secured with yellow sandbags at the base. The background shows a field of corn and other garden structures.

# **HOW TO BUILD YOUR OWN WINTER “QUICK HOOPS” AND WHY THEY ARE SO EFFECTIVE**





## OTHER OPTIONS

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- The next step up is to make a high tunnel or caterpillar tunnel
- A caterpillar tunnel is basically a larger quick hoop that you can walk under but is much smaller and simpler to construct than a full size hoop house





## OTHER OPTIONS

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- Caterpillar tunnels can be constructed yourself. See Johnny's Seeds for demos and a pipe bender to do that
- Or you can purchase kits from Farmer's Friend LLC



# OTHER OPTIONS

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1. Hoop house or Greenhouse
2. The difference between a hoop house and a greenhouse is simply a technical one:
3. Hoop houses are unheated while greenhouses usually have some source of heat





# OTHER OPTIONS

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1. A hoop house or greenhouse is really the ultimate way to take your garden to the next level in winter growing and can even be very helpful in the spring for starting new starts
2. They are much more expensive than the previously mentioned options – but they are often larger, can easily be purchased in kits, and have the nice benefit of being more accessible in that they have doors for entering and exiting



# OTHER OPTIONS

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1. You can also grow more tall crops effectively in a hoop house than in a caterpillar tunnel
2. Choosing a hoop house or a greenhouse over a caterpillar tunnel may be a challenge depending on what you want to do and how much you want to spend
3. For most people, I'd suggest going with a caterpillar tunnel
4. Overall, a caterpillar tunnel can be as low as 1/6 or so the cost of a hoop house for the same growing space



# OTHER OPTIONS

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1. Otherwise, if you have the capital to invest – it can be very nice to have the much more spacious area to work in, that a hoop house will give you
2. Plus, part of the hoop house can be easily transformed into a place for starting plants – which can be very handy
3. Cost wise here's a little comparison
  1. Hoop house: \$5,000 - \$10k
  2. Caterpillar Tunnel: \$1,000





# PROTECTION

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- So there are many different ways that you can practically expand your season from using something as simple as a hedge all the way up to a full scale greenhouse
- Look at details about double or triple covering





**LaRee Colburn**

December 20, 2017



We are pretty excited about our first December harvest thanks to using the quick hoops that Paul talks about in the course. It is supposed to get really cold the next couple of weeks and be below zero at night and only about 20 degrees during the day and so I decided that row cover probably wasn't going to be enough to keep everything from freezing solid so I went ahead and harvested what was left. I sure wish I would've gotten more planted and gotten it in earlier as I would've had even more to harvest but we are thankful for what we have and we will do better next year. The problem was that my spring crops did not grow as quickly as I anticipated and so they were in the way when I needed to be planting fall crops. [#blessed](#) [#firstwinterharvest](#)





"Born to Grow has been a real blessing to me to help me stay connected to others who are growing their own veggies or at least want to. **I have been a gardener for about 30 years and I still learn things from Paul and his dad...** Born to Grow is a great way to get reliable knowledge about organic gardening.

I moved to an apartment building in Chattanooga, TN in July. There was only one small space in the yard that got much sun so I put in an 8 foot by 4 foot garden of Russian kale, Georgia southern collards, and black seeded Simpson lettuce in September... The lettuce needed more sun and didn't do well, but **the kale and collards did well all winter... I ate fresh greens all winter."**

*James Hunt - Tennessee USA*









**Joelle Damsteegt McNulty**

July 25 at 6:58pm

So. Much. Produce!! I want to say this season might be the most ever thanks to the new methods I've been using from these garden classes.







"I recently became a member of the Born to Grow community. I grew up growing a big garden with my parents and I am very passionate about gardening as an adult. **Though I consider myself to be a somewhat experienced gardener, I cannot even tell you how much I've learned already from the gardening courses.** For example, I never realized how much there is to know about soil health! Just today my kids and I counted the # of worms in a square foot of our garden dirt. It was a lot of fun - and told us a lot about our soil. I would've never known to do this had it not been for being a part of the Born to Grow community..."

*LaRee Colburn - Nebraska USA*





**LaRee Colburn** ▶ **Born to Grow Family** ...

August 27, 2017 · 🌐

Today's garden haul. I think it's safe to say I'll be snapping beans tomorrow 😄

👍 Like

💬 Comment

👍 🤔 Joelle Damsteegt McNulty, Melissa Bull and 6 others



**David Gasparro** You are blessed with a bountiful harvest !

Like · Reply · 22w

👍 2

↪️ 🇸🇪 LaRee Colburn replied · 1 Reply



**Lisa Minchin-Hoelzl** Wow!!

Like · Reply · 22w

👍 1



**Paul Dysinger** You're a champion LaRee! (Quote from my wife Natasha 😊)

Like · Reply · 22w

👍 1

↪️ 🇸🇪 Paul Dysinger replied · 8 Replies



**LaRee Colburn** So tell Natasha we really missed having her help 😊 but we survived. I failed to mention that there were still 2 bags of beans waiting to be snapped in the refrigerator. So in this batch we canned 68 quarts and that gives



😊 📷 GIF 🗨️

































how do i stop japanese beetles from eating my plants!!!!



how to stop japanese beetles from eating my plants

Google Search

I'm Feeling Lucky

*Report inappropriate predictions*







**WHAT TO DO**  
**WHEN TO DO IT**  
**HOW TO DO IT**





# GARDEN WITHOUT GUESSWORK



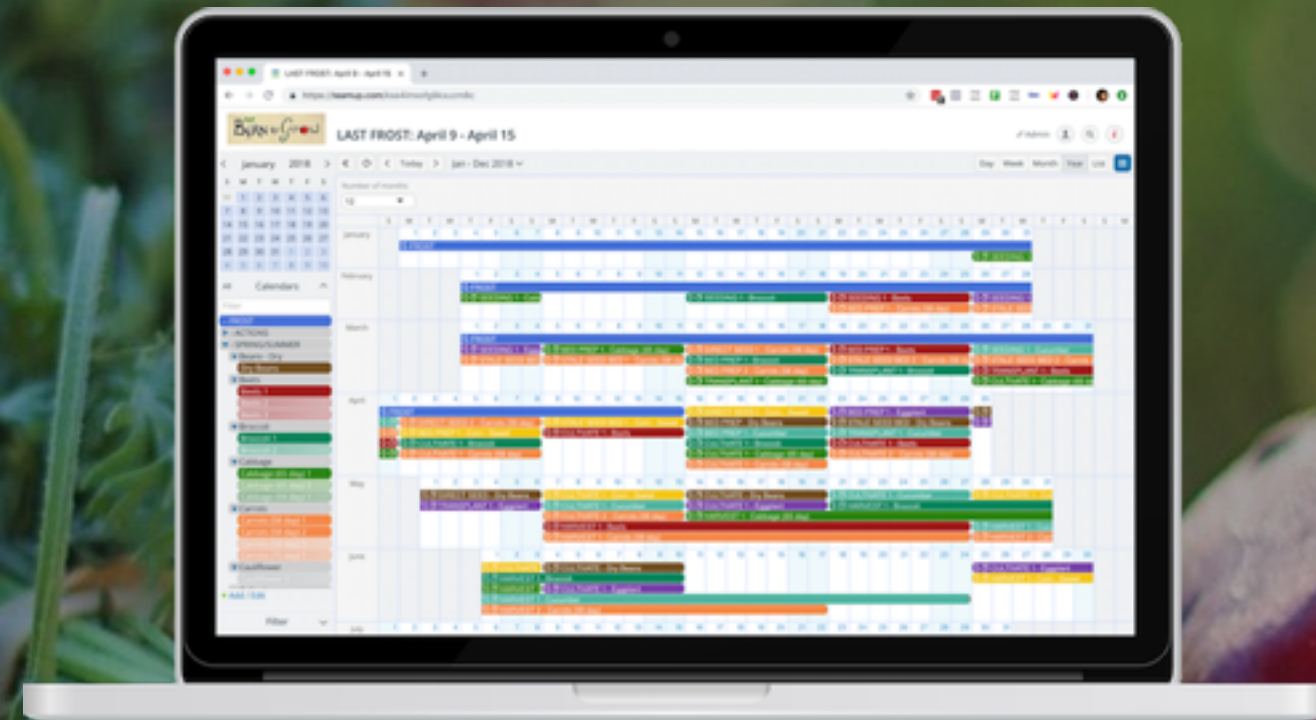


NEW



BETA

# 5 MINUTE Click 'N Drop GARDENING CALENDARS







**BETA MEMBER**



- Your Own Personal 5 Minute Click 'N Drop Gardening Calendar
- Gardening Master Class Video Lessons
- Instant Access to our **Entire Garden Training Library** with over 160 teaching and demonstration videos
- Health Spotlights and Garden Recipes
- Monthly LIVE Meetings with Q+A
- Access Past LIVE Recordings
- **BONUS 1:** Private Facebook Group Access
- **BONUS 2:** Garden Cheat Sheet Giveaways
- **BONUS 3:** 14 Day Microgreens Challenge





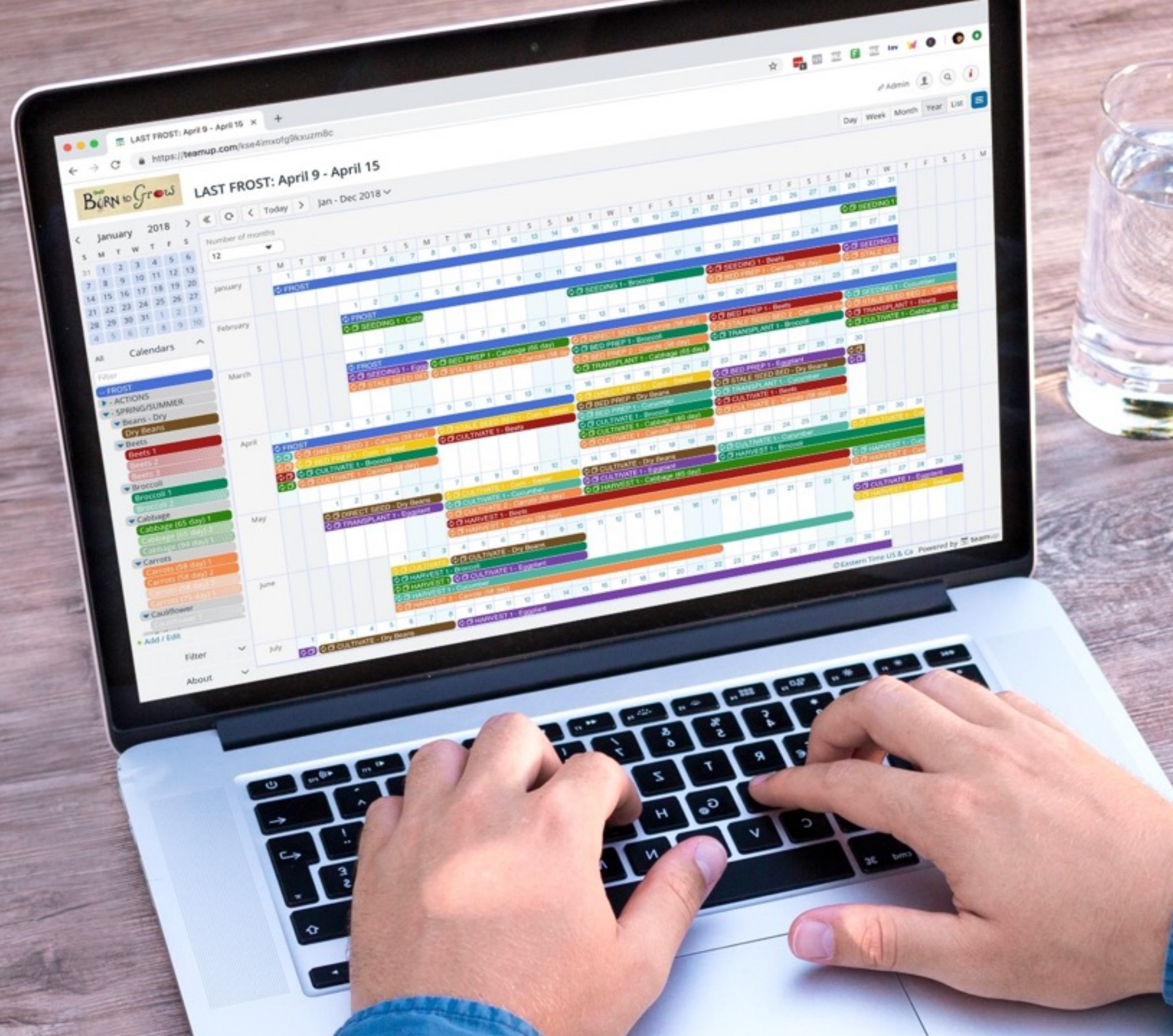
**BETA MEMBER**



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Lucy

I Love This!!!!!!



Suzanne

GROUNDBREAKING No pun inteneded



Joy

Love it... I'm always feeling behind. This will help a lot.



Javier



Karen

THANK YOU!!! THANK YOU!!! THANK YOU!!!!



Suzanne

awesome!



Chris

it keeps getting better!



Joy

This is brilliant!!



Ken

This is amazing!



Carolyn

This is really nice, everything in its place.  
Thank you



Cynthia

The way that you have color organized  
everything is os Great!



Chris

!!!!



Ruth

THIS IS FANTASTIC!



Chris

i feel like I hit the jackpot becoming a  
member with you



Cynthia

Wow!!







## James Hunt started a conversation

JAN 31 @ 10:04 PM

Paul, I just watched the webinar replay. What a fantastic thing you have done for us! Thank you and Edwin and Natasha for all your hard work. I was just yesterday starting to sit down to the mind-boggling job of planning out this year's garden calendar...and I gave up. Now you have done it for me. God bless you all. I look forward to start using it soon.



April Waterman

6 hrs · Add Topics

I started my planting calendar! Super easy to use and I already have work to do! Love it!!!!

1 Comment



Like



Comment

Lucy



I love the new calendar. It keeps me on task and so far it has been working great! planted onions transplants, and direct seeded peas and radishes today.





**Pat Neifert Martinez**

Yesterday at 11:56 AM ·  Add Topics



I'm building my calendar, going through all my seeds. . . I am super excited about what I am seeing so far with this program. This is exactly what my analytical brain has been needing to pull everything together and have it be fun! Thank You!!



You and 3 others

1 Comment



Like



Comment



**Jean Shingledecker** Ditto!



Like · Reply · 22h



Write a comment...

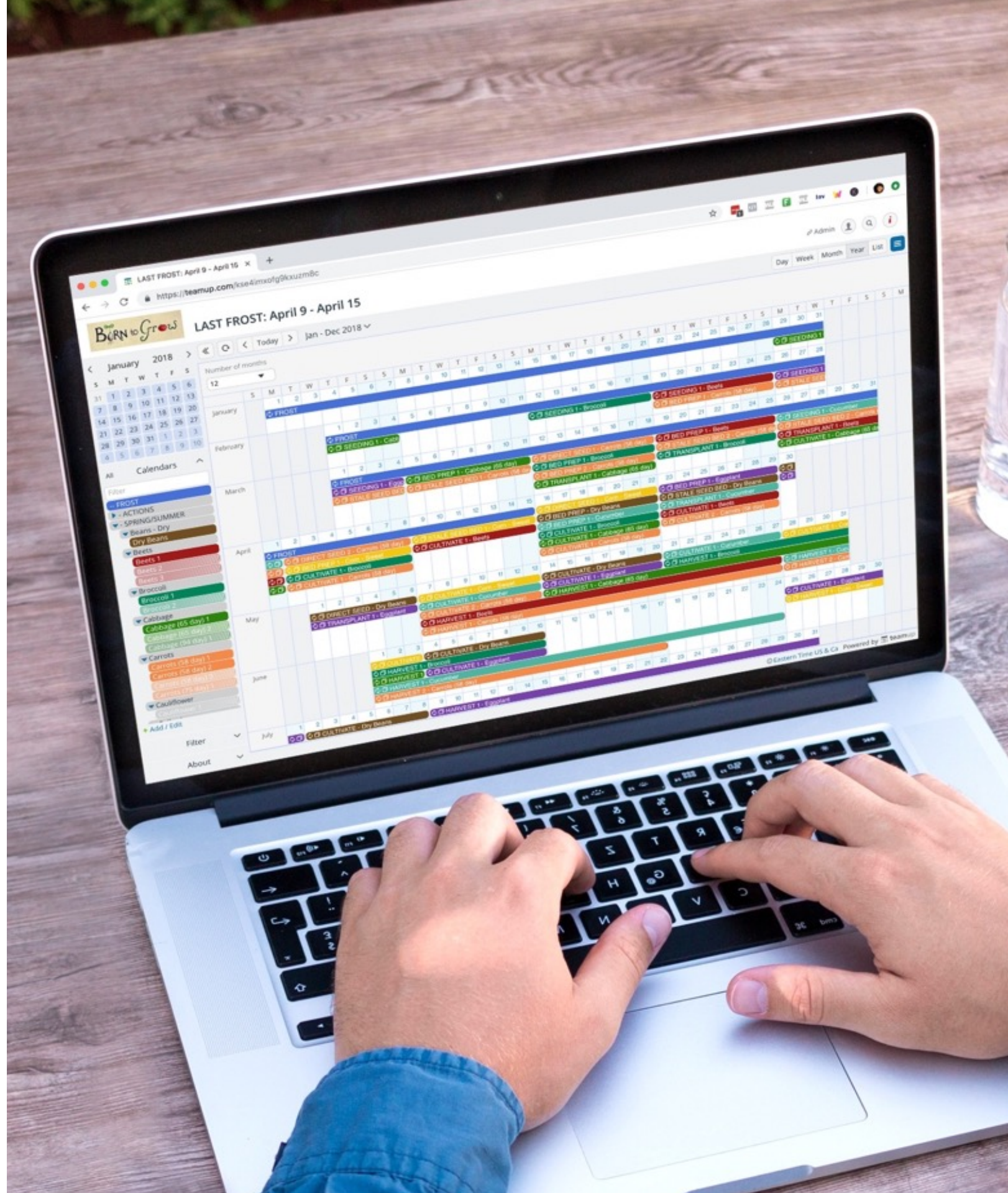




# CLICK 'N DROP CALENDAR

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1. Click 'N Drop Planting Schedules
2. Leapfrog Planting - More Harvest in Less Space
3. Weekly Checklists of Garden Tasks
4. Detailed Instructions with Demonstration Videos





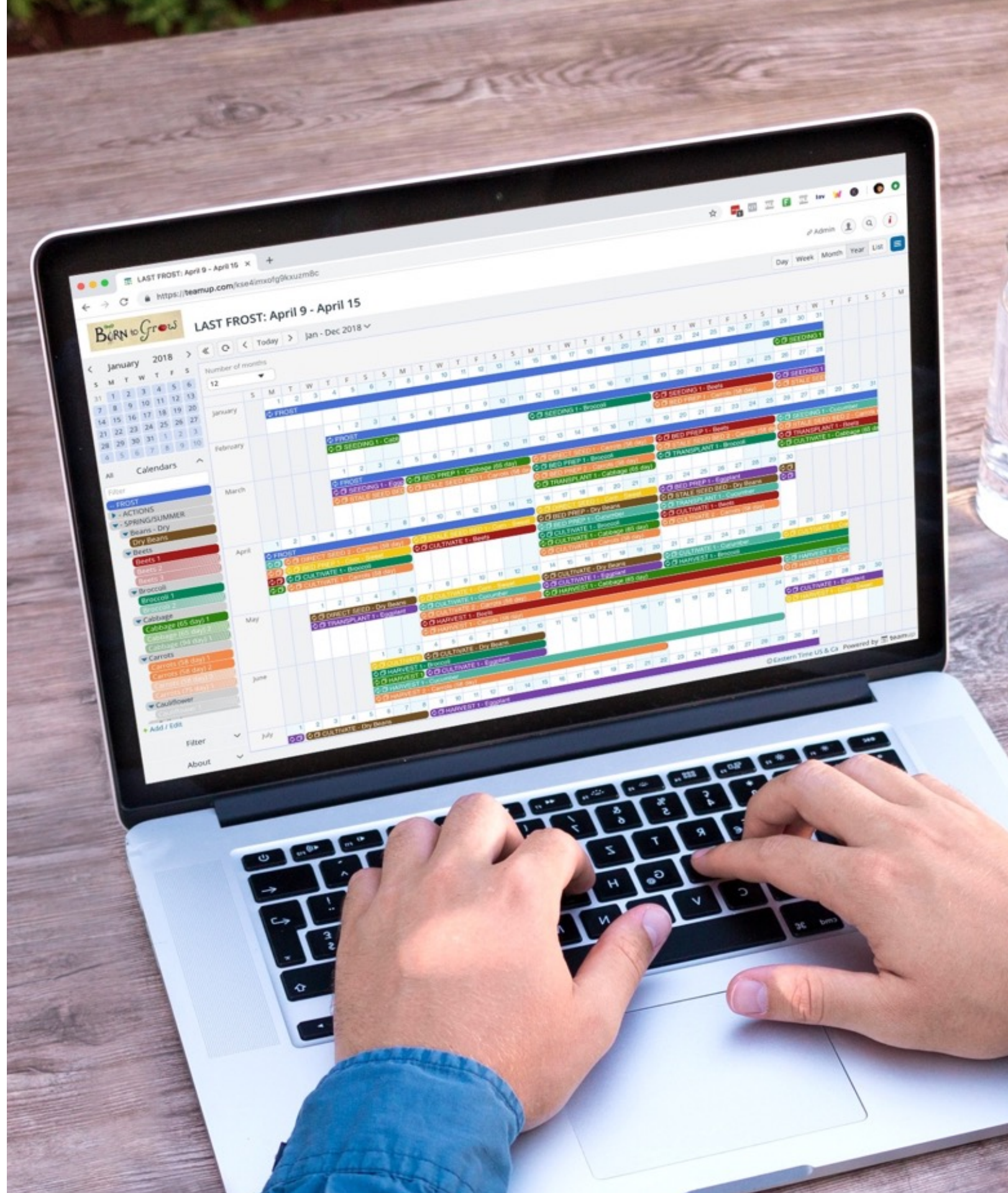
# CLICK 'N DROP CALENDAR

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5. Easy Seeding or Harvest Filter

6. Your Frost Zone

7. Quick Links to Our Favorite Varieties







**BETA MEMBER**



- Your Own Personal 5 Minute Click 'N Drop Gardening Calendar
- **Gardening Master Class Video Lessons**





# MASTER CLASSES





# THE GAME PLAN







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- Instant Access to our **Entire Garden Training Library** with over 160 teaching and demonstration videos





**ONLINE ACCESS  
to our flagship  
Home  
Gardening  
Course  
(\$300 value)**





**BETA MEMBER**

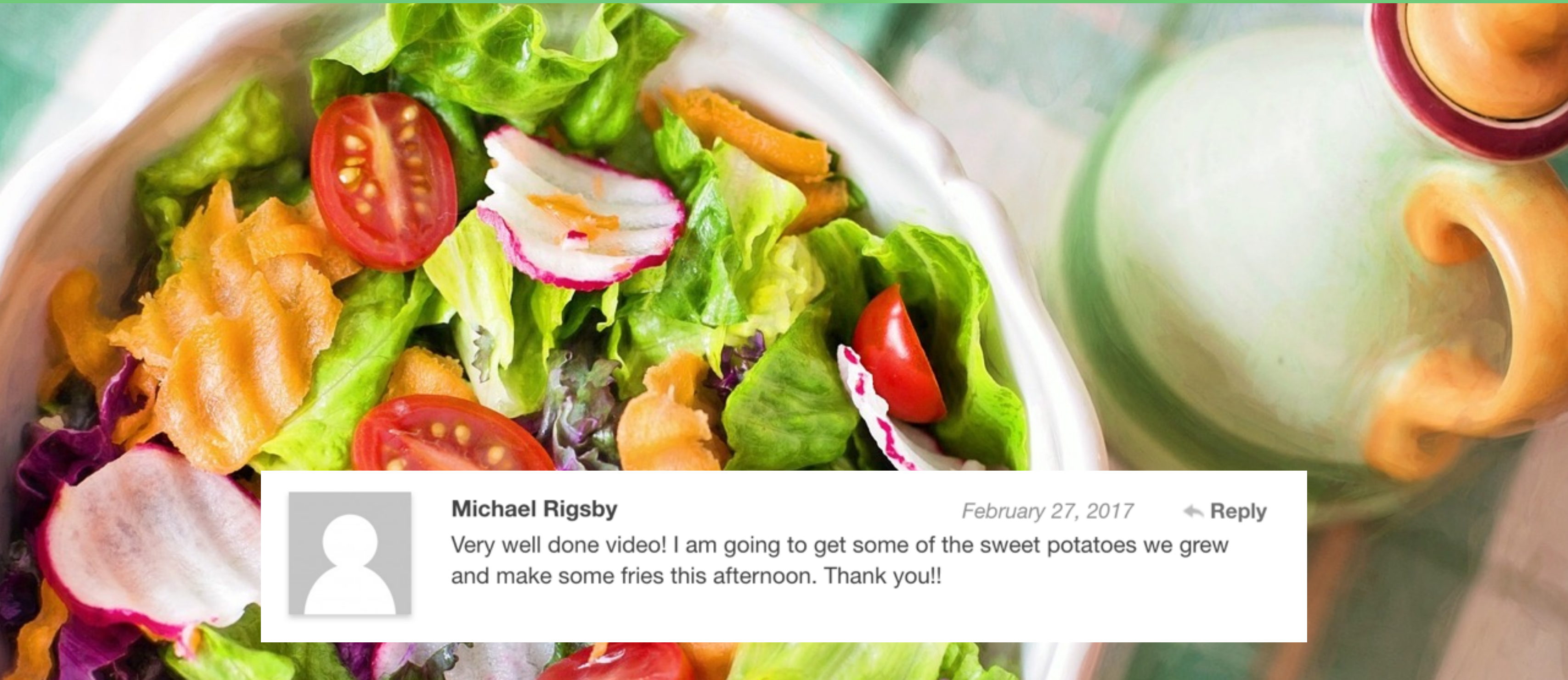


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- **Health Spotlights and Garden Recipes**





# HEALTH SPOTLIGHTS



**Michael Rigsby**

*February 27, 2017*

← Reply

Very well done video! I am going to get some of the sweet potatoes we grew and make some fries this afternoon. Thank you!!





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- **Monthly LIVE Meetings with Q+A**



# LIVE MEETINGS



**Amy Pershin**

This membership is soooo worth it!



**Edwin**

Yes Amy! Looking forward to your questions!







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- **Access Past LIVE Recordings**



# LIVE MEETINGS

OVER 50 HOURS  
OF RECORDINGS







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- **BONUS 1:** Private Facebook Group Access



# PRIVATE FACEBOOK GROUP ACCESS







**Melissa Bull**

13 hrs ·

Picked yesterday.



Like



Comment

You, Joelle Damsteegt McNulty and Ginger Petersen like this.



**Paul Dysinger** Oh yes! That'll save on groceries!



Just now · Like



Write a comment...



Friend Requests

[See All](#)



**Gustav Siegfried**

Jennifer Jill is a mutual friend.



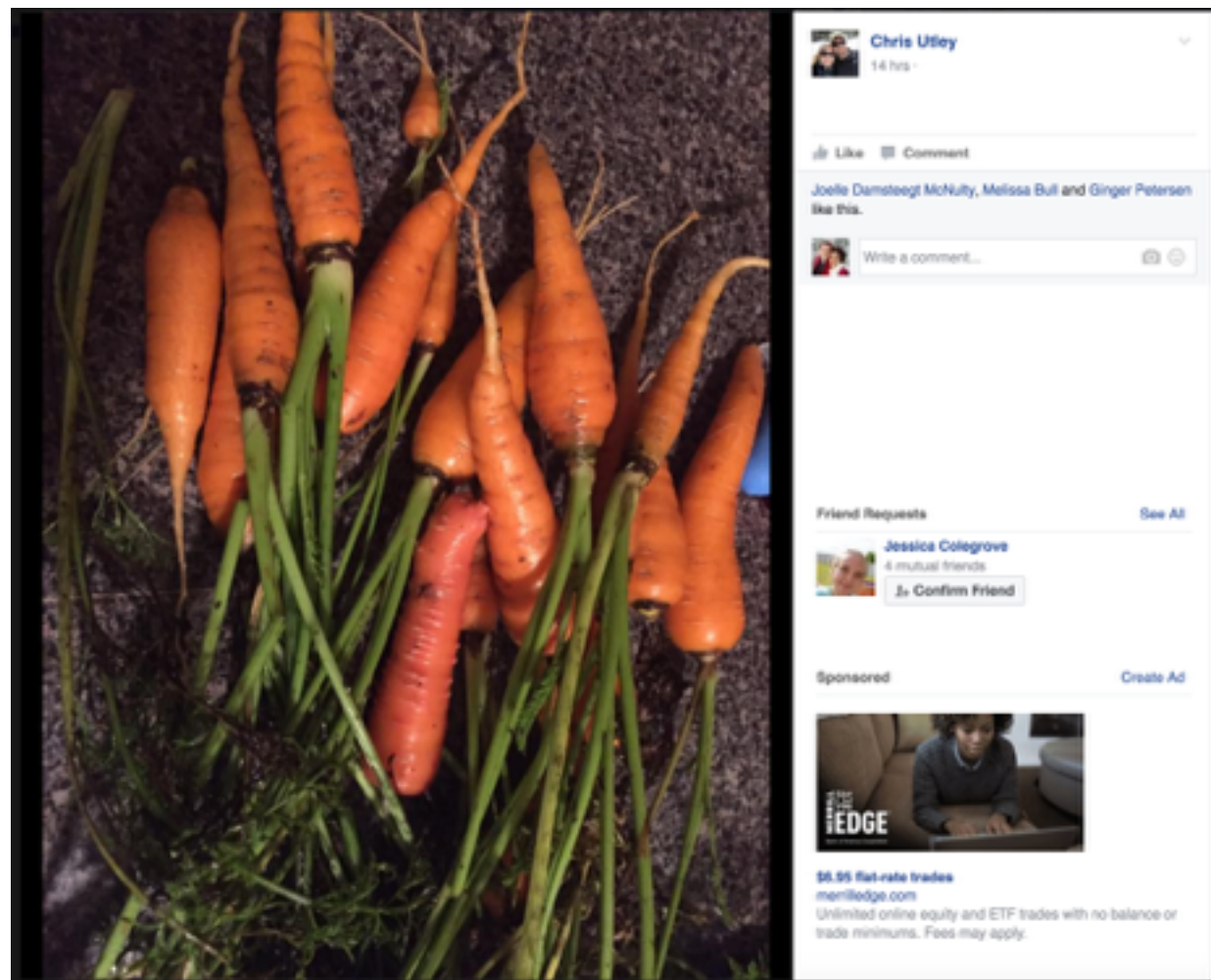
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**Jan Johnson** ▶ **Born to Grow Family**

June 1 at 11:11pm · 

I deliberately have a very small garden. Keep that in mind when you see this picture. This is my second batch of green beans and my first inkling of peas. I will be picking lettuce tomorrow. Since I have never grown anything I am really happy.







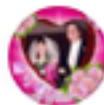
**Jan Johnson**

Yesterday at 10:47am

This may seem silly to some of you but for a city girl like me this is HUGE! I just canned my own cucumbers and made 2 jars of dill pickles and 2 jars of bread and butter pickles ( using lemon juice instead of vinegar). It is only me and my little garden. Now that I know how to do this, I will probably make more next time so I can share with friends.







**Jan Johnson** ▶ **Born to Grow Family** ...

June 25, 2017 · 🌐

More Harvest!! I am loving this.



Like



Comment



LaRee Colburn, Melissa Bull and 3 others



**Amy Blashfield Pershin** That is soooo great Jan!!! We picked our first beets last week too. Only a few even though we planted a lot. Only a few survived but we'll learn.

Like · Reply · 31w



1



Amy Blashfield Pershin replied · 2 Replies



**Hazel Simone Shaffer** It all looks WONDERFUL!

Like · Reply · 31w



1



**Paul Dysinger** One word: WOW! 😊

Like · Reply · 30w



1



Paul Dysinger replied · 2 Replies





**I have never done a garden before and found the idea a little overwhelming. Then I found Born to Grow. I have been given a road map to successful gardening. Just by following the Sample Garden Plan and the instructional videos I not only **feel capable to do a garden but excited to watch each step blossom.** But, that is not all! Paul has been there for me... and the recommended source materials are indispensable. Not to mention the monthly web meetings where I can learn more and interact with my fellow "gardeners". **I have really become a gardener thanks to Born To Grow.****

— Jan Johnson





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- **BONUS 2:** Garden Cheat Sheet Giveaways



# CHEAT SHEET GIVEAWAYS

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**\$35 Value**





# IMMUNE BOOSTER CHEAT SHEET

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- Our #1 natural organic fertilizer mix to grow beautiful plants that thrive
- Our favorite quick action liquid fertilizer for a fast immune boost
- The hidden all-natural fertilizer hardly anyone is using that has over 90+ trace minerals for optimum health and *incredible flavor*



# PLUG + PLAY GARDEN PLAN

---



- Exact plan we used to grow over \$1000+ of food in a small garden space
- Easy layout for maximizing space
- Scalable plan that fits any size garden!
- Grow 20 varieties of popular veggies and herbs
- Built in crop rotation



# PEST CHEAT SHEET

---



- Quick easy look-up guide for over 32 garden insect and bug pests
- Organic pest control toolkit so you know what to keep on hand for any emergency
- Photo by photo directory to quickly identify your garden invaders
- Insect/bug characteristics, what they do, and how to deal with them naturally





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- Instant Access to our **Entire Garden Training Library** with over 160 teaching and demonstration videos **(\$400+ value)**
- Health Spotlights and Garden Recipes **(\$30 value)**
- Monthly LIVE Meetings with Q+A
- Access Past LIVE Recordings **(\$300+ value)**
- **BONUS 1:** Private Facebook Group Access
- **BONUS 2:** Garden Cheat Sheet Giveaways **(\$35 value)**
- **BONUS 3:** 14 Day Microgreens Challenge **(\$35 value)**



# MICROGREENS CHALLENGE

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**\$35 Value**

- Step by step instructional videos guiding you from seed to harvest
- Regular emails keeping you on track and telling you what to do each day
- Enjoy your first harvest in only 14 days!
- BONUS: Turn your microgreens into an Automatic Food Growing Machine!
- And more...



# BASIC

- Click 'N Drop Gardening Calendar
- Master Class Video Lessons
- ~~Entire Garden Training Library~~
- ~~Health Spotlights~~
- ~~Monthly LIVE Meetings with Q+A~~
- ~~Access Past LIVE Recordings~~
- ~~**BONUS 1:** Private Facebook Group Access~~
- **BONUS 2:** Garden Cheat Sheet Giveaways
- **BONUS 3:** 14 Day Microgreens Challenge

Just \$10/month

**OR \$40/six months (SAVE \$20)**

# ELITE

- Click 'N Drop Gardening Calendar
- Master Class Video Lessons
- Entire Garden Training Library
- Health Spotlights
- Monthly LIVE Meetings with Q+A
- Access Past LIVE Recordings
- **BONUS 1:** Private Facebook Group Access
- **BONUS 2:** Garden Cheat Sheet Giveaways
- **BONUS 3:** 14 Day Microgreens Challenge

Just \$20/month

**OR \$80/six months (SAVE \$40)**



# Fast Action BONUS – FIRST 100

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## WIN LIFETIME ACCESS

- Our ELITE Gardening Membership
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- Access to our entire garden training library online







# BETA MEMBER



R

Ray Hitch started a conversation

FEB 12 @ 7:27 PM

I absolutely love this tool it so simple to use even a novice like me can follow the instructions and have a successful garden. The videos are so informative and recommendations for plants are right on the money. I do not see myself using any other tool for my garden planning.







**Jan Johnson** ▶ **Born to Grow Family**

June 1 at 11:11pm · 

I deliberately have a very small garden. Keep that in mind when you see this picture. This is my second batch of green beans and my first inkling of peas. I will be picking lettuce tomorrow. Since I have never grown anything I am really happy.







**LaRee Colburn** ▶ **Born to Grow Family** ...

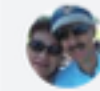
August 27, 2017 · 🌐

Today's garden haul. I think it's safe to say I'll be snapping beans tomorrow 😊

👍 Like

💬 Comment

👍 🤔 Joelle Damsteegt McNulty, Melissa Bull and 6 others

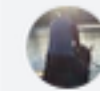


**David Gasparro** You are blessed with a bountiful harvest !

Like · Reply · 22w

👍 2

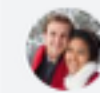
➡️ 🌱 LaRee Colburn replied · 1 Reply



**Lisa Minchin-Hoelzl** Wow!!

Like · Reply · 22w

👍 1

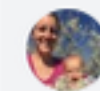


**Paul Dysinger** You're a champion LaRee! (Quote from my wife Natasha 😊)

Like · Reply · 22w

👍 1

➡️ 🌱 Paul Dysinger replied · 8 Replies



**LaRee Colburn** So tell Natasha we really missed having her help 😊 but we survived. I failed to mention that there were still 2 bags of beans waiting to be snapped in the refrigerator. So in this batch we canned 68 quarts and that gives



😊 📷 GIF 🗨️



**“I tried implementing what I learned through the school this summer from seed to harvest and we had some good success, which really made me like a happy kid again.** It was a small garden space, about 20’ x 12’, but we this year harvested a good amount of cherry tomatoes, medium size tomatoes, cucumbers, bell peppers, Korean hot peppers, Russian kale, Swiss chard, lettuce, green beans, dill, eggplant, and other plants I don’t know the English name for. There was a very noticeable difference in the amount of fruitage this year compared to last year.... I really got to give credit where credit is due, so I thank God and thank you for sharing the knowledge and wisdom to the masses.”

*Roy Kim - New York USA*





# BETA MEMBER



Wendy lane started a conversation

MAR 12 @ 9:38 PM

Hi Paul,

I enjoyed every minute of your class! I have never had a garden, mainly because it seemed SO overwhelming. All I could think of watching the class was "I really think I can do this"! I have become a member and I am super excited!

Thank you!

*Wendy*





**30 DAY + 1 YEAR  
NO-FAIL 100% MONEY  
BACK GUARANTEE**



# CANCELATION POLICY

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Your membership is a term-to-term commitment. You can cancel any time you want.



# TAKE YOUR GARDEN TO THE SKIES







# BETA MEMBER



**April Waterman**

6 hrs · Add Topics

I started my planting calendar! Super easy to use and I already have work to do! Love it!!!!

1 Comment







# BETA MEMBER



**Trina Norckauer Johnson** I just watched the video on your launch of the calendar! AMAZING!!! I can't imagine all the time and effort it took to put this in place! Thank you, thank you, thank you! It is so appreciated! I can't wait to get started! You guys are AWESOME!!

[Like](#) · [Reply](#) · 21h





# Fast Action BONUS – FIRST 100

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## WIN LIFETIME ACCESS

- Our ELITE Gardening Membership
- Your own personal Click 'n Drop Gardening Calendar
- Monthly LIVE meetings
- Private FB Group Access
- Access to our entire garden training library online







# BETA MEMBER



**LIMITED TIME:**  
**START NOW FOR JUST \$10**

Click the link on this page

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[www.borntogrow.net/join](http://www.borntogrow.net/join)



# FREE GIVEAWAY

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- Quick easy look-up guide for over 32 garden insect and bug pests
- Organic pest control toolkit so you know what to keep on hand for any emergency
- Photo by photo directory to quickly identify your garden invaders
- Insect/bug characteristics, what they do, and how to deal with them naturally





**HOMEWORK**



# HOMEWORK

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1. Download today's homework sheet (I'll email it and put it in FB)
2. Choose what kind of protection you will use for this winter
3. Complete the homework sheet and then celebrate by going LIVE in the FB group





# Fast Action BONUS – FIRST 100

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