

How to Prepare Your Garden Now for A Bumper Spring Season



FREE GIVEAWAY



FREE!

**GIVEAWAY AT
THE END OF CLASS**

FREE GIVEAWAY



- Exact plan we used to grow over \$1000+ of food in a small garden space
- Easy layout for maximizing space
- Scalable plan that fits any size garden!
- Grow 20 varieties of popular veggies and herbs
- Built in crop rotation

How to Prepare Your Garden Now for A Bumper Spring Season



A high-angle photograph of a garden bed. The soil is dark brown and appears to be recently tilled. A long-handled pitchfork with a light-colored wooden handle and three silver metal tines is stuck into the soil. To the right of the pitchfork, there is a row of young, vibrant green leafy plants, possibly basil or a similar herb. The plants are densely packed and show signs of being recently planted. The overall scene is bright and sunny, with shadows cast by the plants and the pitchfork.

AMEND YOUR GARDEN

DOING A SOIL TEST

- A soil test can help you know which minerals you might be high or low in.
- Where to get a soil test - local Ag Extension Office, Peaceful Valley (www.groworganic.com)
- How to do a soil test



A field of red clover cover crop with yellow mustard flowers in the background.

PUTTING IN A COVER CROP



COVER CROPS

- This is one of the best things you can do for your unused garden space



BENEFITS OF A COVER CROP

- Living roots in the soil build soil life
- Sequestering carbon in the soil
- Increasing organic matter
- Increase water infiltration and holding capacity
- Reduce erosion
- Smother weeds



BENEFITS OF A COVER CROP

- Unfortunately, it is too late for most people to put in a cover crop now, but for those in zones 9 or higher, it is still possible to put in a winter cover crop.

COVER CROPS

- What can you use for a Winter Cover Crop?
 - Winter Wheat
 - Rye
 - Oats
 - Winter Barley
 - Winter Triticale
 - Austrian Winter Peas
 - Fava bean



COVER CROPS

- Crimson Clover
- Hairy Vetch
- Daikon (or other long root)
Radish
- Purple Top Turnips
- Collards
- Kale
- Mustard
- Flax
- And more!



COVER CROPS

- Try mixing more than one species together
- Mix a grain and a legume
- There are even more benefits if you mix multiple species together
- 7 or 8 different species or more is best. Do a mix of grains, legumes, brassicas and forbs.





MULCHING/COMPOSTING

MULCHING/COMPOSTING

- The next best thing to putting in a cover crop is to put on a mulch
 - Hay
 - Straw
 - Leaf Mulch
 - Compost
 - Wormcastings



MULCHING/COMPOSTING

- The benefits of mulching over the winter
 - The soil is covered - reducing erosion
 - As the mulch breaks down, it adds organic matter to the soil
 - The additional organic matter encourages/supports soil life
 - Increase water infiltration and holding capacity
 - Smother weeds
 - Mulch will make your soil soft





TARPING



TARPING

- You can cover your beds with tarps to keep them from growing weeds
- A silage tarp prevents light from reaching your plants. Seeds germinate and then die without light.



TARPING

- To get the most from this,
 - Prepare your bed first so that it is ready for planting,
 - Make sure it is very wet (to encourage seeds to germinate)
 - Cover with Silage Tarp
 - Wait for 3-6 weeks (or more).
 - Remove the tarp when you are ready to plant



THINGS WE ARE DOING

THINGS WE ARE DOING

- Cover crop
- Mulch
- Compost beds
- Tarping





FOOD FREEDOM PACKAGE

Get the Tools and Training
You Need to Grow an
Abundance of Fresh Food
- ALL Year Round

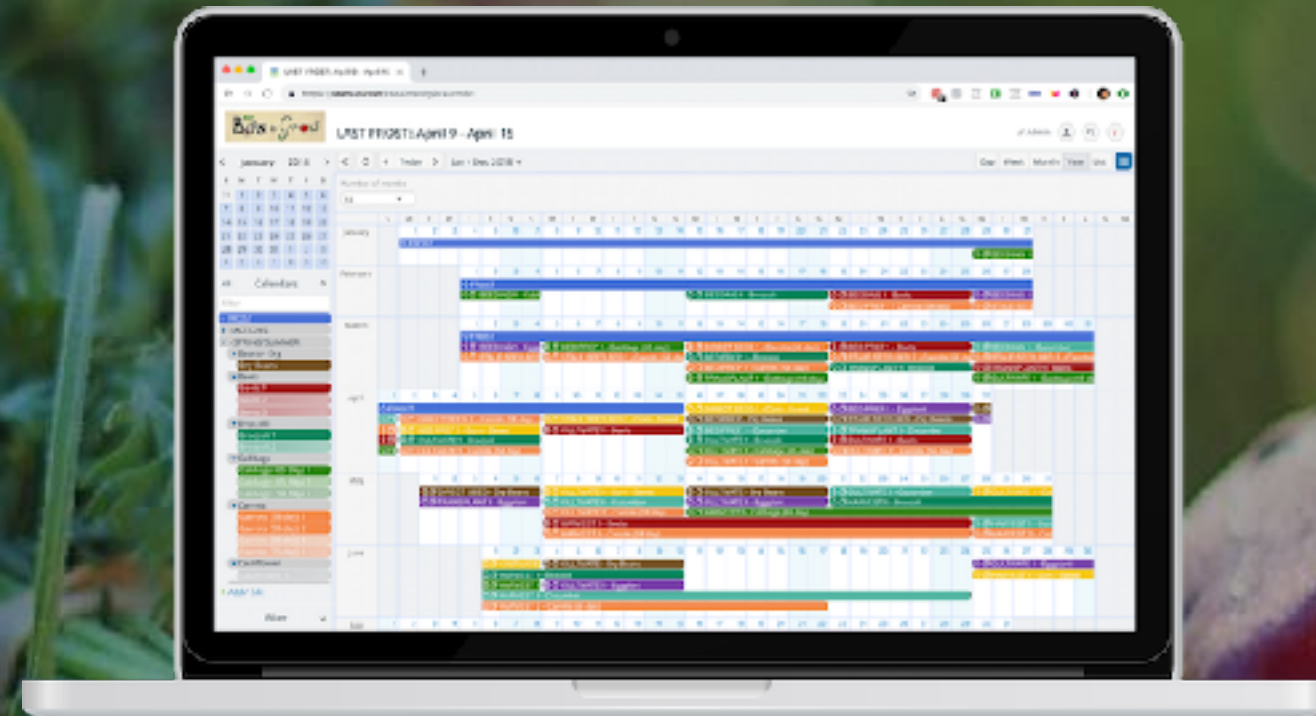


NEW



BETA

5 MINUTE Click 'N Drop GARDENING CALENDARS



Lucy



I Love This!!!!!!

Javier



Chris



it keeps getting better!

Carolyn



This is really nice, everything in its place.
Thank you

Ruth



THIS IS FANTASTIC!

Suzanne



GROUNDBREAKING No pun inteneded

Karen



THANK YOU!!! THANK YOU!!! THANK
YOU!!!!

Joy



This is brilliant!!

Cynthia



The way that you have color organized
everything is os Great!

Chris



i feel like I hit the jackpot becoming a
member with you

Joy



Love it... I'm always feeling behind. This
will help a lot.

Suzanne



awesome!

Ken



This is amazing!

Chris



!!!!

Cynthia



Wow!!



James Hunt started a conversation

JAN 31 @ 10:04 PM

Paul, I just watched the webinar replay. What a fantastic thing you have done for us! Thank you and Edwin and Natasha for all your hard work. I was just yesterday starting to sit down to the mind-boggling job of planning out this year's garden calendar...and I gave up. Now you have done it for me. God bless you all. I look forward to start using it soon.



April Waterman

6 hrs · Add Topics

I started my planting calendar! Super easy to use and I already have work to do! Love it!!!!

1 Comment



Like



Comment

Lucy



I love the new calendar. It keeps me on task and so far it has been working great! planted onions transplants, and direct seeded peas and radishes today.



Pat Neifert Martinez

Yesterday at 11:56 AM ·  Add Topics

I'm building my calendar, going through all my seeds. . . I am super excited about what I am seeing so far with this program. This is exactly what my analytical brain has been needing to pull everything together and have it be fun! Thank You!!

 You and 3 others

1 Comment

 Like

 Comment



Jean Shingledecker Ditto!

Like · Reply · 22h



Write a comment...

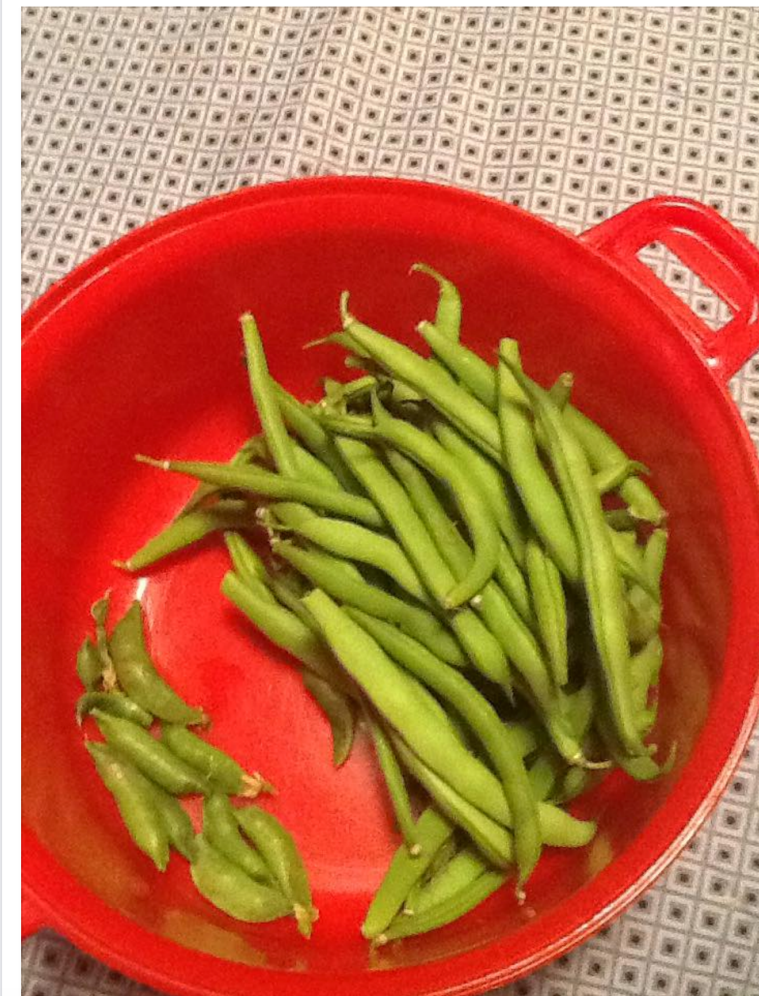




Jan Johnson ▶ **Born to Grow Family**

June 1 at 11:11pm · 

I deliberately have a very small garden. Keep that in mind when you see this picture. This is my second batch of green beans and my first inkling of peas. I will be picking lettuce tomorrow. Since I have never grown anything I am really happy.





LaRee Colburn ▶ **Born to Grow Family** ...

August 27, 2017 · 🌐

Today's garden haul. I think it's safe to say I'll be snapping beans tomorrow 😊

👍 Like

💬 Comment

👍 🤔 Joelle Damsteegt McNulty, Melissa Bull and 6 others



David Gasparro You are blessed with a bountiful harvest !

Like · Reply · 22w

👍 2

↳ 🌐 LaRee Colburn replied · 1 Reply



Lisa Minchin-Hoelzl Wow!!

Like · Reply · 22w

👍 1



Paul Dysinger You're a champion LaRee! (Quote from my wife Natasha 😊)

Like · Reply · 22w

👍 1

↳ 🌐 Paul Dysinger replied · 8 Replies



LaRee Colburn So tell Natasha we really missed having her help 😊 but we survived. I failed to mention that there were still 2 bags of beans waiting to be snapped in the refrigerator. So in this batch we canned 68 quarts and that gives



😊 📷 📺 🗨️

“I tried implementing what I learned through the school this summer from seed to harvest and we had some good success, which really made me like a happy kid again. It was a small garden space, about 20’ x 12’, but we this year harvested a good amount of cherry tomatoes, medium size tomatoes, cucumbers, bell peppers, Korean hot peppers, Russian kale, Swiss chard, lettuce, green beans, dill, eggplant, and other plants I don’t know the English name for. There was a very noticeable difference in the amount of fruitage this year compared to last year.... I really got to give credit where credit is due, so I thank God and thank you for sharing the knowledge and wisdom to the masses.”

Roy Kim - New York USA

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